



Pathways



Sauk Trails Optimist Club

November 2006
Newsletter



2006 - 2007

Meet Weekly for Lunch,
Wednesday 11:45 – 12:45
at Babe's on Schroeder
Road, Madison

Sauk Trails Optimists:

It's been said time flies when you're having fun. We're obviously having a blast, since it seems like yesterday when I was looking forward to my first month as President, yet it's already come and gone. Fall is always such a busy time for us as a club, with Special Olympics Bowling, Bucky Book and Koeze Nuts fundraisers and UW Football Booth staffing as opportunities to participate, wonderful speakers at our lunches and Student of the Month starting up again.

No wonder the district officers feel we are such a vibrant club! Be sure to take advantage of the opportunities to serve, and bring guests with you to lunches so we can continue to build on our level of helping kids. I truly believe we are the best service club in Madison – let's continue to build on that tradition!

Greg Hermus, Sauk Trails Club President 2006 - 2007

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MASCC Annual Lunch, November 15th

The Madison Area Service Club Council Annual lunch will be held on **Nov. 15th** at the Alliant Center. **At that lunch, the Ruth Gordon Award will be presented.**

Ruth Gordon Award Update: With a strong push from Jim Judd, in cooperation with her Zonta Club and with help from John Kanvik, current Chair of the Madison Area Service Clubs Council (MASCC), our joint nomination for the Ruth Gordon Award will receive the honor at the upcoming MASCC luncheon on November 15th. Please make a strong effort to attend and honor **Carol Wiskowski**, the Secretary of the MASCC for years and a long-time member of the Zonta Club. She is a wonderful person whose service to the community has truly been inspiring. She has also made a huge difference for all those involved in managing both our annual Service Club Olympics and the fall MASCC luncheon. These events would be much more difficult to plan and run without her tireless efforts in planning, coordinating and managing them. Our speaker at the luncheon will be Russ Hellickson, former Badger wrestler, Olympic Wrestling medalist and recently retired Ohio State Wrestling coach, with a speech titled **"Accomplishing Great Things with a Commitment to Excellence."** Again I urge you to honor Carol with your attendance at the MASCC lunch at the Alliant Energy Center on November 15th at noon.

Call me at 219-5088 **before November 10th** or sign up at a lunch meeting to get your ticket. If you sign up and later have a conflict, or if you had a conflict and later can attend, call me. I will distribute tickets at the event that day so I will have any that come available to sell to last minute attendees.

Grea Hermus, Sauk Trails Club President 2006-2007

Members in Attendance:

President:	Greg Hermus
Past President:	Rick Thomas
Vice Presidents:	Barb Mulcahy, Kevin Campos
Board Members	Bob Wortinger, Diane Riley, Kelly Piper.
Sec/Treasurer	Gene Spindler

Sauk Trails Optimist Club STOC Board Minutes, Zimbrick Buick 10/10/2006

President Greg Hermus called the meeting to order at 4:30 pm.

The minutes of the September 12, 2006 Board Meeting were discussed. A motion was made, seconded and passed to approve the minutes of the September Board meeting.

The Financial Report through September 30, 2006 was presented to the Board. The Board discussed the information provided. A motion was made, seconded and passed to accept the Treasurer's Report.

The Board discussed the proposed Operating Budget for October 1, 2006 through September 30, 2007. There were changes made to the budget from the one that had been presented at the September Board Meeting where no action was taken. There was discussion on Income Sources and Other fundraisers. A Committee of three to four members will be established to determine new income sources. Rick Thomas and Barb Mulcahy volunteered to be members of this committee. The budget committee had met earlier to discuss support for the Spartan Youth JOOI Team. The Board discussed the information provided by the Budget Committee. The Committee recommended that the Sauk Trails Optimist Club provide \$600 for JOOI Club Dues/Expenses, \$550 for JOOI Club Convention expenses and \$1,500 for JOOI Leaders Convention expenses. The Board discussed this recommendation and the rest of the budget items. A motion was made (Diane Riley), seconded (Bob Wortinger) and passed to approve the budget as presented.

The Board discussed membership and how to increase our membership. NOW Meetings and their frequency were discussed with the recommendation that they be held on the same day as Student of the Month. How often NOW meetings would be held was not decided. A Membership Activation Committee was established with Kelly Piper as Chair.

Upcoming events were briefly discussed and the meeting adjourned at 5:50. The date, time and location for the next Board Meeting is set for 4:30 on November 14th in Zimbrick Buick's Community Room.

Gene Spindler, Secretary/Treasurer 2006 - 2007

SWIS – Southern Wisconsin Conferences

November 10th – 11th	Monroe
February 17th <i>(President and Sec/Treas only)</i>	Madison,
April 21st – 22nd,	Janesville
August 10th – 11th,	Madison

(Training will be scheduled on Saturday at these conferences. As a new board member, try to work the dates into your schedule to learn more about being an Optimist)

Sauk Trails Club Officers 2006-2007

**President
Greg Hermus**

**Secretary/Treasurer
Gene Spindler**

**Past President
Rick Thomas**

**Vice Presidents
Barb Mulcahy
Kevin Campos**

**Board of Directors
Diane Riley
Kelly Piper
Bob Wortinger
vacant
Carole Klopp
Kathy Johnson**

Bonnie Spindler, Newsletter
Editor/Distributor
Phone: 833-7244
E-mail:
blspindler@charter.net





Student of the Month

Dates Scheduled in 2006:

Nov. 8th, Dec. 13th, 2006.

Dates Scheduled in 2007:

Jan. 31st. Feb 21st. March 21st. April 18th. May 16th.

October Student of the Month Honored

Holly Dewerd was selected as the Student of the Month – SOM, for October 2006. (*The club honored her at a lunch meeting on October 18th*). Holly has devoted the last three years to service club. She helped start the JOOI club and volunteering her sophomore year. She then became a Board Member her junior year and currently holds the position as a Co-president. Holly is very active in her role working with the Senior Citizens of Dane County and is very passionate about volunteering and hopes to continue her efforts in college. Holly plans to attend college here in Madison at the UW or University of Minnesota.

(Picture: Left to right, Carole Klopp, Scott Dewerd (Holly's dad), Holly, Rick Thomas, Mary Schwartz).

Christina Smith-Wilkie, SOM Chairperson

Spartan Youth Service – JOOI Team Volunteer at Ronald McDonald House

The Spartan Youth Service JOOI Team prepared a meal for approximately 40 people staying at the Ronald McDonald House on **Sunday, October 29th**. The students did a great job preparing a meal of: Apricot chicken, mashed potatoes and gravy, green beans, and rolls. The students were supervised by Rick Thomas, but did all of the prep work and cooking themselves. Great job students! If you would like to volunteer to supervise a group of students preparing a meal at the Ronald McDonald House, please contact Rick Thomas at 212-7582.

Future Activities with JOOI Team Help With: Ice Age Trail

The Spartan Youth Service JOOI Team will be volunteering to assist in the construction of the Ice Age Trail segment located alongside University Ridge Golf Course on **Saturday, December 9th** from 9:00-2:30. The work will consist of clearing the path of brush, small trees, stumps, and rocks. We need adult volunteers to help with the work and supervise the students. Get to know some of our great student volunteers working side by side with them. Contact Rick Thomas at 212-7582 or at jathoma2@wisc.edu **before December 6th** if you wish to volunteer.

Future Activity with JOOI Team Help With: Holiday Bell Ringing

Sauk Trails Optimist Club and the Spartan Youth Service JOOI Team will be once again ringing bells for the Salvation Army at West Towne Mall **during the month of December**. Once the dates and times are finalized, you will be receiving an e-mail and phone call asking for you to volunteer for 1 or more shifts. Sign up early to get the best shifts by contacting Rick Thomas at 212-7582 or jathoma2@wisc.edu.

November & December 2006 Schedule:

November 1st – Lunch Babe's, 11:45 am
 November 4th (Sat) Sp Oly Bowling
 November 4th (Sat), UW Booth, Time TBA
 November 15th – MASCC, Alliant Center
 November 18th – UW Booth, Time TBA
 November 22nd – Lunch Babe's, 11:45 am
 November 29th – Lunch Babe's, 11:45 am

December 6th – Lunch Babe's, 11:45 am
 December 13th – Lunch Babe's, 11:45 am
 December 20th – Lunch Babe's, 11:45 am
 December 27th – CANCELLED

The board can reschedule dates and activities.



Happy Birthday

Kristi Campos 11/05
Dee Judd 11/18

Chief Noble Wray

On October 25th, Chief Noble Wray spoke to the Sauk Trails Optimists and special guests. There was a nice attendance at the lunch meeting to hear his presentation. (A phone tree calling was used to contact as many members as possible for this event).

Aaron Meyer Foundation/Aaron Meyer House

Our speaker at the November 1 lunch meeting, Tom Meyer, introduced us to the Aaron Meyer Foundation (www.aaronmeyerfoundation.org). This organization is devoted to helping set up and fund a house in Madison for post-high school students in recovery from addiction to drug and/or alcohol abuse. The idea is to provide a living environment where they can live with others who understand what they are going through and will be a positive influence to help them succeed. It was a presentation that touched our hearts and calls for us to do more. I encourage you to visit their website to learn more and see how you might be able to help.

DATES	Location	Speaker	Topic	Lunch
November 1st	Babes	Tom Meyer	"Aaron House", a "safe house" for AODA students.	Fish Sandwich or Cajun Fried Chicken Salad
November 8th	Babes	Student of the Month	November Student Presents	Chicken Sandwich or ½ Veggie Salad
November 15th	Babes CANCELLED	MASCC at the Alliant Center	Ruth Gordon Award & Russ Hellickson	At Alliant Center – NOON Chicken Cordon Bleu
November 22nd	Babes	Social	Planning Activities	Club Sandwich or Chicken Taco Salad
November 29th	Babes	Howard Mandeville	Moving Out, Inc, helping people with disabilities.	Turkey & Swiss or ½ Caesar Salad
December 6th	Babes	Rick Conne and Paul Terranova	Wexford Ridge Community Center	BLT or ½ Cobb Salad
December 13th	Babes	Student of the Month	December Student Presents	BBQ Chicken Sandwich or Beef Taco Salad
December 20th	Babes	Holiday Special Event		Chicken Pita Wrap or ½ Veggie Salad
December 27th	Babes CANCELLED			NA
January 3rd	Babes	TBA		TBA
January 10th	Babes	Marilynn Lawler-from Independent Living	Speaking on "Caring for Aging Parents and Working Care Givers".	TBA
January 17th	Babes	TBA		TBA
January 24th	Babes	TBA		TBA
January 31st	Babes	Student of the Month	January Student Presents	TBA

Interfaith Hospitality Network - IHN

Interfaith Hospitality Network (IHN) is a national organization formed to help move people from homelessness to independence. The Madison office is located on University Avenue just east of Charter Street, with parking behind the building in an alley off Charter. The best way to learn about the organization is to attend one of their information sessions, which are one-hour meetings held at their offices in the evenings every few weeks. Rachel Kriski, the Executive Director of IHN, will be a speaker at a one of our lunch meetings. Please make every effort to attend the meeting when she introduces IHN to our club. Their website (to learn more and find the schedule of IHN information sessions) is <http://www.madison.com/communities/ihn/>. I will be happy to take a few groups of members to attend future information sessions so we can better understand the mission.

Greg Hermus, STOC President 2006-2007



2006 Special Olympics Bowling Volunteers Needed

November 4th

We will be once again helping with the Special Olympics Bowling Tournament on Saturday, November 4 from 11:30-5:00. We especially need all day volunteers, but if you can only work 11:30-2:30, or 2:30-5:00 that would be ok. There is no need to sign up at this late date – just show up on Saturday at Bowlavard Lanes on Madison's east side.

Special THANKS to those who volunteered for October 21st Special Olympics Bowling.

WISCONSIN Football Games BOOTH Update

We are once again running a concession stand at the Badger football games. This is a fun activity that raises a significant amount of money for our club. We still need people for the following:

November 4th,	time TBA, against Penn State.
November 18th,	time TBA, against Buffalo.

New Rules for UW Football Games:

- 1) Staff Check In: Game day credentials will no longer be distributed ahead of time. All workers must report to the staff entrance, located at the North East corner of the Field House and sign in to receive a worker credential. There will be sheet for each service group, with enough spaces equal to the maximum number of workers allowed to work. Once all the spaces are filled up, no more workers will be allowed to sign in.
- 2) Concessions staff entrances will close when gates open. NO Exceptions. Workers need to be there **1 ½ hours BEFORE the game starts to get in.**
- 3) Every worker is required to wear a white shirt, red apron (provided), a Team Bucky hat (provided), or a clean red or white Wisconsin hat. Any worker not wearing a white shirt will be required to purchase a white shirt from the W-Club for \$5. If you're not wearing an appropriate hat, you will be required to purchase one from the W-Club for \$5. (Or the amount will be taken from the booth profits).
- 4) Beverages being drank in the stand need to be in a cup with a lid and straw. Everyone is entitled to a sandwich, but it **MUST** be eaten outside the concession stand.
- 5)

THANKS to ALL who have volunteered to help in the booth in previous games. At this time all the volunteers are in place for the November games.

2006 Koeze Nut Fundraiser

Our club will kick off our annual Koeze Nut Fundraiser on October 18th. We hope to top \$2000 in 2006!

What you need to know to sell Koeze Nuts:

- Order deadlines: November 1 (for Thanksgiving sales), November 15, and November 29.
- Bring order forms to Wednesday meetings or contact Rick Thomas at 212-7582 or jathoma2@wisc.edu
- **Collect money up front** with checks made payable to **Sauk Trails Optimist Club**.
- Products normally available include:
 - Colossal Cashews and Classic Mixed Nuts** in decanters, canisters and boxes.
 - Milk or Dark Chocolate Puddles** in decanters and boxes
 - Delan Caramel Crunch and Chocolate Covered Dried Cherries**
 - Executive Gift Packs**-combinations for corporate clients
- Product prices range from \$11.75-\$50.00+
- Come to a weekly meeting or contact Rick Thomas for promotional information, brochures or order forms.

There are two parts to the Koeze Nuts Fundraiser: 1) Accumulating the orders from everyone and ordering the Koeze products. 2) Distributing the Koeze products when they come in. If you have an interest in helping out with either of these tasks, please contact Rick Thomas as soon as possible.

Bucky Book Fundraiser

Once again this year, the Sauk Trails Optimist Club is selling Bucky Books as a fundraiser. As a member of the Club, I ask that if you are going to buy a Bucky Book, please consider buying it from our club.

One of the things that makes me proud to be a member of the Sauk Trails Optimist Club is that all money we raise through fundraising is kept in a separate account and used solely for giving back to the community and supporting youth activities in and around Madison. Our motto is 'Friend of Youth' and our club by-laws state that not one nickel of fundraising money can be used for administrative or other club purposes – it all goes to the kids.

The book costs \$35 – whether you buy it from the drugstore, the gas station or a service organization like the Sauk Trails Optimist Club. The difference is that by buying from us, \$15 from every book goes into our fundraising account.

As usual, this year's Book will be loaded with money saving coupons for restaurants, services and golf. Please let me know at a lunch meeting, by e-mail at: jathoma2@wisc.edu, or by phone at; 212-7582, if you are interested in buying a Bucky Book from the Sauk Trails Optimist Club.

Also, if you or someone you know could possibly get our organization into a retail location where we could sell the books, it would greatly increase our sales volume. Remember that \$15 from every book goes directly towards serving youth in Madison.

Help us continue to be a 'Friend of Youth' and get some great deals in the process!

Rick Thomas, Past President 2005 – 2006

REMINDER: STOC Articles for December 2006 Newsletter are due to Bonnie Spindler
blspindler@charter.net by **November 28th, 2006**

Sauk Trails Optimist Club, Ltd. - Membership Roster November 2006 (Updates in RED)

Name	Company	Work No.	Home No.	Fax No.	E-Mail Address
Wade Anunson	Anunson Chiropractic	829-2250	278-2950	829-2251	dranunson@sbcglobal.net
BJ Bailey					Mrfuel4@yahoo.com
Steve Bailey	Crown Dental Laboratory	271-5537	238-8535	271-1657	Sbailey100@aol.com
Tim Belter	Johnson Bank	240-1890	455-1145	240-1870	tbelter@johnsonbank.com
David Braun	M&I Bank	231-5656	217-2182		David.braun@micorp.com
Kevin Campos	Keller Williams Realty	235-1030	846-2997	443-1919	Kevin@kevincampos.com
Kristi Campos	Distinctive Dentistry & Facial Aesthetics	836-1422	846-2997		klmilton@hotmail.com
Rick Conne	H & R Block	829-8206	833-3793		rconne@hrblock.com
Lori (Handel) Davis			848-9673		lhandel@tds.net
Don Damon	SWIS Governor, 2006 - 2007	836-6310	836-9405	836=0381	damon@chorus.net
Tom Engelbrecht	SWIS Lt. Gov, Zone 6, 2006-2007		238-0669		tengelbrecht@charter.net
Sandra Fischer	Wegner, LLP CPAs & Consulting	442-1920	437-8448	274-3361	Sandy.fischer@wegnercpas.com
Carrie Fluhr	Wisconsin Community Bank	298-1743	219-3551	298-1710	Cfluhr@thewcb.com
Daniel Gibson	SVA Planners	826-2322	836-4714		Gibsond@sva.com
Peter Graven	Monona Bank		276-5912		pgraven@mononabank.com
Mike Gustafson	Suby Von Haden	826-2292	831-6914	831-4243	gustafsonm@sva.com
Gregory Hermus	Morgan Stanley	829-4341	845-3820		Ghbadger@charter.net
Donald Higgins	Higgins Insurance Group	274-4200	824-0914	274-4210	Don@hhig.net
Ricki Hoefler	Edward Jones	831-0988	833-6268		Philricki@aol.com
Jared Holthe	Badger Chiropractic	848-2638	848-2638		Holthe_s@yahoo.com
Sheri Holthe	Badger Chiropractic	848-2638	848-2638		Holthe_s@yahoo.com
Laurie Irwin	E-mail Update		233-0543		L_irwin@sbcglobal.net
Kathy Johnson	Risk Management Strategies, LLC	663-9032	663-9032	206-666-6435	kjohnson@RMStrategies.net
Jim&Dee Judd	Retired		833-2622		juddj@thevillages.net
Jason Kadow	Meicher CPA	238-1970 x310	827-6707		Jasonk@meichercpa.com
Dale Kalschauer	The Neckerman Agency	238-2686	437-4470	238-7798	D_kalschauer@neckerman.com
Carole Klopp	Education Consultant	833-9620	833-4561		klopp@chorus.net
Chuck Koehler	Koehler & Associates	838-7133	838-7133		Koehler01@charter.net
Gail Koehler	Attic Angels Retirement Center		838-7133		Koehler01@charter.net
Mark Kraemer	Park Bank, VERONA Office	663-1105	845-0207	845-0201	mkraemer@parkbank.com
Joseph Marty	Wells Fargo	643-9524©	831-4799		khmarty@chorus.net
Brinda Mecham	Crown Dental Laboratory	271-5537			Brstratton@aol.com
Michael Milia	Advantage Real Estate (Cell Update)	441-7761	235-3102(cell)	441-8471	mmilia@tds.net
Bill Monkemeyer	United Way	246-4351	848-4871	246-4369	whamnjam@tds.net
Barb (Dwyer) Mulcahy	Independent Bank	848-7247	513-6965	845-6728	barbaramulcahy@inbank.com
Tony Nagin, Jr.	Badger Tax & Acct Services	833-1700	238-5335	826-0201	tony@badgertax.com
Kelly Piper	Boumatic	224-2944	237-1383		kellypiper@charter.net
Janine Richgels	US Bank, N.A., Pvt Bank Associate	252-4110	241-5714	252-7652	Janine_richgels@usbank.com
Diane Riley	Associated Bank	259-4204	643-0821		diane.riley@associatedbank.com
Alison Scherer	WI Dept of Ag, Trade & Cons. Protection.	224-4761	836-0151		schererai@hotmail.com
John Scherer	Trinity Financial Planning	829-1010	836-0151	233-7161	John@trinfin.com
Lisa Schluesche	Associated Bank	259-2052	513-8590		Lisa.Schluesche@Associatedbank.com
Ray Schmitz	Retired - NEW E-Mail Address		233-3786		straymond@sbcglobal.net
Phil Schraback	AMCORE Bank	821-1918	345-9756		pschraback@amcore.com
Mary Schwartz	Symphonic Financial Advisors	442-1500	437-2233	442-6490	Mnorrb@aol.com
Jacci See	First Weber Group	828-5105	827-6326	836-3102	Seej@firstweber.com
Bonnie Spindler	Semi-Retired, Computer Trainer	833-7244	833-7244		Blspindler@charter.net
Gene Spindler	Retired)		833-7244		genespindler@charter.net
Christina Smith-Wilkie	Associated Bank	833-1444	827-0022		Christina.SmithWilkie@Associatedbank.com
Jill Thomas	First Business Bank	232-5924	850-4250	232-5920	jthomas@fbbmadison.com
Rick Thomas	Keller Williams Realty	212-7582	274-0528		jathoma2@wisc.edu
Amy Tripp					No E-Mail
Bob Wortinger	Kiesling Associates	664-9110	829-3926	273-2383	Rwortinger@kiesling.com

SCHEDULE for November – December 2006

NOVEMBER 2006

Sun	Mon	Tue	Wed (Babe's, 11: 45 – 12:45 PM)	Thu	Fri	Sat
			<u>1</u> Tom Meyer, Safe House for Student	<u>2</u>	<u>3</u>	<u>4</u> Special Olympics Bowling, UW Booth (Time TBD)
<u>5</u>	<u>6</u>	<u>7</u>	<u>8</u> November Student of the Month	<u>9</u>	<u>10</u>	<u>11</u> SWIS Conference – Monroe
<u>12</u>	<u>13</u>	<u>14</u>	<u>15</u> MASCC Lunch, Alliant Center, NOON (Babe's Cancelled)	<u>16</u>	<u>17</u>	<u>18</u> UW Booth (Time TBD)
<u>19</u>	<u>20</u>	<u>21</u>	<u>22</u> Social before Thanksgiving	<u>23</u>	<u>24</u>	<u>25</u>
<u>26</u>	<u>27</u>	<u>28</u>	<u>29</u> Howard Mandeville, Moving Out, helping with disabilities.	<u>30</u>		

DECEMBER 2006

Sun	Mon	Tue	Wed (Babe's, 11: 45 – 12:45 PM)	Thu	Fri	Sat
			(Salvation Army Bell Ringing for Month)		<u>1</u>	<u>2</u>
<u>3</u>	<u>4</u>	<u>5</u>	<u>6</u> Rick Conne and Paul Terranova, Wexford Ridge Community Center	<u>7</u>	<u>8</u>	<u>9</u> Ice Age Trail with JOOI, 9:00 – 2:30
<u>10</u>	<u>11</u>	<u>12</u>	<u>13</u> December Student of the Month	<u>14</u>	<u>15</u>	<u>16</u>
<u>17</u>	<u>18</u>	<u>19</u>	<u>20</u> Holiday Event for Optimists	<u>21</u>	<u>22</u>	<u>23</u>
<u>24</u>	<u>25</u>	<u>26</u>	<u>27</u> CANCELLED	<u>28</u>	<u>29</u>	<u>30</u>
<u>31</u>						

Spindler's Visiting with the Judd's at their beautiful home in sunny Florida. *(We just returned home Thursday, November 2nd.)*



The Optimist Creed

Promise yourself

- To be so strong that nothing can disturb your peace of mind.
- To talk health, happiness and prosperity to every person you meet.
- To make all you friends feel that there is something in them.
- To look at the sunny side of everything and make your optimism come true.
- To think only of the best, to work only for the best and expect only the best.
- To be just as enthusiastic about the success of others as you are about your own.
- To forget the mistakes of the past and press on to the greater achievements of the future.
- To wear a cheerful countenance at all times and give every living creature you meet a smile.
- To give so much time to the improvement of yourself that you have no time to criticize others.
- To be too large for worry, too noble for anger, too strong for fear, and too happy to permit the presence of trouble.