



# Pathways

## Sauk Trails Optimist Club, Ltd.

### MAKE a DIFFERENCE: SUPPORT YOUTH!

November has been a great month for the Sauk Trails Optimist Club. We've been having increased attendance at each lunch meeting, bringing a lot of energy and member participation. It's been fun being with our optimist friends and listening to some fantastic speakers. If you haven't been able to make a lunch meeting recently, we miss you and your missing a good time.

November is also the start of the busy season. Thanksgiving is here and then over, and its time to get ready for the holiday season. Volunteer to support the JOOI youth group who will be ringing the 'Salvation Army' bell at Westgate. Volunteers will also be needed to help purchase gifts for the holiday season to support a selected Nehemiah family. Thanks to everyone who supported the Koeze Nut fundraiser. The profits all go to the youth accounts for continued programs and needs. To finish out 2001, don't miss the fun at the December 19<sup>th</sup> lunch Christmas Party with your optimist friends.

Progressive, optimistic thinking asks 'How can we do things more efficiently and in a different way?' There has been a response by over half the members to receive this newsletter 'electronically'. A Website containing current information about the club, activities and speakers will also be available in early 2002. *Making a Difference* for our members with current and interesting information will strengthen our club so we can continue to *Support Youth* with our members and future members.

We all make a difference in our own ways by impacting the life of a youth, whether a relative or a future youth friend. The new year, 2002 will present us all with exciting opportunities to enrich our lives and those of others. Have a great holiday season with your families.

Bonnie Spindler  
President

Editor: Jessica Oehrlein  
926 Hemlock Drive  
Verona, WI 53593  
Phone: 848-2091  
E-mail: Jesso1016@hotmail.com



#### Inside this issue:

Board Minutes	2
Welcome	2
Birthdays	2
Emails and Save	3
Christmas Bell Ringing	3
The Optimist	3
Speaker Guideline	3
Koeze Nuts	4
JOOI	4
Christmas Gifts for Needy	5
Dues	5
Optimist of the Month	5
Recipe	5
Event Agenda	6
Membership Roster	7
Optimist Creed	8

# Sauk Trails Optimist Board Minutes

## November 15, 2001



**By: Jim Judd**

Called to order by President Bonnie Spindler at 4:30pm.

Members in Attendance:

President: Bonnie Spindler

Past-President: Caroline Heath.

Board members: Laura Wilson, Mark Kraemer, Gail Koehler, Jason Kadow, Jared Holthe.

Secretary: Treasurer: Jim Judd.

A motion was made, seconded and passed to accept the minutes of the October meeting.

A motion was made, seconded and passed to accept the financial statements and past months disbursements.

Jim Judd was instructed to inform members that they can pay their dues on an annual basis. Some members have been doing this for convenience. Some others are also prepaying their meals on a quarterly basis.

A motion was made, seconded and passed to approve Karen Morris and Kevin Wichman as new members.

Our Club Policies were given to board members to review prior to our December board meeting. Corrections and other proposed changes should be given to Laura Wilson by e-mail so she can prepare a document for discussion at the next board meeting.

Updates were given on Youth and Community projects as well as fund raising projects. Caroline will have Essay contestants read their essay at a meeting in mid-January.

A motion was made, seconded and passed that any contributions to be made from the Youth and Community checking account must be pre-approved by the board. Speakers can not be promised a contribution unless the board has already approved it. A guideline was established for this.

A motion was made to buy gifts for a Nehemiah family with a limit of \$50 per person up to a maximum of \$300.

Laura gave an update on our club's web site. It was decided that the primary purpose of the site would be advertising.

Members will be encouraged to bring prospective members each week. It will give the prospect a good idea of our club projects and luncheon speakers.

A motion was made, seconded and passed to approve a gift of Koeze Nuts to the second place salesperson of the nuts. A motion was made, seconded and passed to give the staff of the Baymont Inn a decanter of Koeze nuts as a thank you for letting the board use their conference room for its meetings.

A motion was made, seconded and passed have Elaine Sloan as our December "Optimist of the Month". Peter Graven will be given this honor in November.

The board will be giving a 'goal update' at the January 9<sup>th</sup> lunch meeting. All board members are to plan what they can do 'visually', to be discussed/planned at the Dec. 13<sup>th</sup> board meeting.

The next board meeting will be December 13 at 4:30 pm at the Baymont Inn.

The meeting was adjourned around 5:45 pm.

## Welcome to:

Karen M. Morris  
and  
Kevin Wichman



## Birthdays

Caroline Heath  
December 8<sup>th</sup>

Gail Koehler  
December 11<sup>th</sup>



# Koeze Nut Fundraiser Update



The first order for Koeze nuts was placed on Nov 7. To date, we've sold just under \$800. St Raymond holds first place so far with sales of \$287.50. We hope to top \$1600.00 in profit for our best year ever, but we need everyone's help!

## What you need to know to sell Koeze nuts:

- ❖ Remaining order deadlines are **November 21, and December 5.**
- ❖ Bring order forms to Cheryl Vickroy or Dee Judd at Wednesday meetings
  - ❖ E-mail orders to either Dee or Cheryl or fax Cheryl at 836-0047 (weekdays only).
- ❖ **Collect money up front** - for easier delivery. Checks should be made payable to "Sauk Trails Optimist Club".
- ❖ Products available are **Colossal Cashews and Classic Mixed Nuts** in decanters, canisters and boxes, **Milk or Dark Chocolate Puddles** in decanters, and all of the above **plus Mixed Nuts with Macadamias** in ready-to-ship mailers. **New this year are some Executive Gift Packs... so be sure to recommend them to your corporate clients.** Product prices range from \$10.75 - \$52.00.
- ❖ Contact Cheryl at 836-8794 or Dee Judd at 833-2622 for additional promotional information and brochures or order forms.

Cheryl Vickroy

## Selling Koeze Nuts?

1<sup>st</sup> place receives free lunch for a the first quarter of 2002

2<sup>nd</sup> place receives a free decanter of Koeze Nuts



## Spartan Youth Service Team/JOOI

Service Team members are currently conducting a food drive at Memorial to help the Salvation Army stock their food pantry. They are also looking forward to ringing bells at Westgate Mall (with help from the Optimists). Two members, Angie and Jessica, attended the first quarter JOOI conference in involving JOOI and Optimist members.

Mary Norrbom

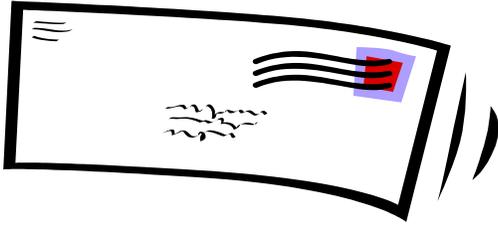
Several member of The Spartan Octagon JOOI Club along with Mary Norrbom attended a JOOI District Conference November 10<sup>th</sup> in Janesville. The conference was held in conjunction with the adult district conference as will the second conference in February at Waukesha's Country Inn. This was the first for Governor Ashley Thompson of Janesville, and she had a busy schedule packed with ideas and fun! The JOOI students are looking for a district wide project, both community service and fund raising, that they could do with the adult clubs. It appears that the JOOI district is back. The Spartan team has conducted a fund raiser and done an Oakwood Lutheran Home visit thus far and they hope to join us in another service project as well this year. It's public television pledge drive time again, and Steve Bailey will again be hosting on the air on Saturday, December 8<sup>th</sup> from 12:30 to 4:15 PM. He will not be alone though because 18 Spartan JOOI students will be staffing the phone banks and taking pledges. It will be a good plug for the students, Memorial, and of course our club as Steve will interview one of the volunteers during the show. Let's all be watching.

Steve Bailey

**January Newsletter Deadline**

**December 19<sup>th</sup>**

Please email Jessica at [jesso1016@hotmail.com](mailto:jesso1016@hotmail.com) with articles



## E-mail and Save!

Thank you to all the Optimists for trying the e-mail version of the newsletter. We have had a great response and are now sending 25 newsletters just by e-mail, which is saving the club \$8.50 per month on postage! We are going to send the newsletter both via email and US mail this month again. The attachment is smaller this time so it should come over email easier. For those Optimists who would still like the newsletter just mailed to them it will come as usual and thank you for trying it both ways.

Jessica Oehrlein



## Christmas Bell Ringing

Bell ringing for the Salvation Army has two JOOI kids and one adult at each shift. There are two to four shifts scheduled almost every day from December 11th thru the 22<sup>nd</sup>. A lot of adults have already signed up, but there is still a need for adult volunteers. We need volunteers for the following dates:

December 14<sup>th</sup>  
December 15<sup>th</sup>  
December 21<sup>st</sup>  
December 22<sup>nd</sup>

Please let Gail Koehler know which day would work best for your schedule.

## The Optimist

A short story for fun

There is a story of identical twins. One was a hope-filled optimist. "Everything was coming up roses!" he would say. The other was a sad and hopeless pessimist. He thought that Murphy, as in Murphy's Law, was an optimist. The worried parents of the boys brought them to the local psychologist.

He suggested to the parents a plan to balance the twins' personalities. "When Christmas comes, put them in separate rooms to open their gifts. Give the pessimist the best toys you can afford, and give the optimist a box of manure." The parents followed these instructions and carefully observed the results.

When they peeked in on the pessimist, they heard him audibly complaining, "I don't like the color of this computer...I'll bet this calculator will break...I don't like this game...I know someone who's got a bigger toy car than this...."

Tiptoeing across the corridor, the parents peeked in and saw their little optimist gleefully throwing the manure up in the air. He was giggling. "You can't fool me! Where there's this much manure, there's gotta be a pony!"

Author Unknown, from *More Sower's Seeds* by Brian Cavanaugh

### Speaker Guideline:

Any person who speaks at a luncheon is doing it as a volunteer. A speaker representing an organization may or may not get a contribution and should not be promised any specific amounts. The board will determine if a contribution should be made and decide on the amount.

Bonnie Spindler



## Christmas Gifts for the Needy

The Optimist Board approved the purchase of Christmas gifts for a needy family from the Nehemiah Community again this year. Anyone who would like to help with the Christmas shopping on December 8<sup>th</sup> (9am-11am) should call Dee Judd.

Dee Judd



## Dues

Some members recently requested to pay their dues annually. If you want to pay \$105 for the balance of this fiscal year, please let Jim Judd know immediately. Otherwise, you will be billed for only the next quarter at \$35.

Jim Judd

## Student of the Month

For November:

Kate Glaze

## Optimist of the Month

For November:

Pete Graven

## Student of the Month

For December:

Russell Peterson

## Optimist of the Month

For December

Elaine Sloan

## Holiday Cranberry Cake

- 2 Cups Flour
- 2Tsp. Baking Powder
- 1 C Cup Sugar
- Dash of Salt
- 3 Tbls. Melted Shortening (oil can be used)
- 1 Cup Milk
- 2 Cups Whole Cranberries (wash and drain)

Mix first 6 ingredients together. Stir in cranberries by hand. Dough will be of a very thick consistency. Place batter in a loaf pan and bake at 375 degrees until toothpick comes out clean. Depending on your oven and the size of your pan, 45 to 55 minutes.

## Butter Sauce

- $\frac{3}{4}$  Cup of Evaporated Milk
- $\frac{1}{2}$  Cup of Butter
- 1 Cup of Sugar
- 1 Tsp. of Vanilla
- Dash of Salt

Melt butter in a sauce pan and stir in rest of ingredients. Bring to a boil, stirring frequently, boil for 2-3 minutes. Serve the cake with warm butter sauce and enjoy.

Jessica Oehrlein  
recipe from Karen Baker

## Special Thanks to:

- |                           |   |
|---------------------------|---|
| Bonnie Spindler           | For all the help with the newsletter and everything else. |
| Jim Judd                  | For the minutes and for being flexible with the dues.     |
| Gail Koehler              | For putting together the Bell Ringing.                    |
| Mary Norrbom              | For all the help with the JOOI.                           |
| Steve Bailey              | For all the help with the JOOI and the TV pledge drive.   |
| Cheryl Vickroy & Dee Judd | For all the help with the Koeze Nuts.                     |
| Laura Wilson              | For all the work on the Events.                           |

**Sauk Trails Optimist Club Speaker/Event Agenda 2001/2002**  
**Optimist Weekly Meeting held at Mountain Jacks from 11:45-12:45pm.**  
**All members encouraged to come!**



Date	Place	Speaker/Event	Topic/Focus	Menu for Weekly Meeting	Contact Person	Comments
December 5, 2001	Mountain Jack	Optimist of the Month and Ted Ballweg Marketing Manager of Alliant Energy Center	How does a center that hosts over 500 events/yr become so busy and successful	Tenderloin Tip Alfredo/Garlic Bread	Laura Wilson	Ted will give us a birds eye view through a new video they have that giving us an inside vision of some of the year's events. <b>Last order date for Koeze Nuts.</b>
December 12, 2001	Mountain Jack	Laura Wilson (yes me again! This time on purpose!!) Part I	2002 is around the corner....learn how to develop a personal / business plan all on one page!!!!	Mushroom Swiss Burger / Fries	Laura Wilson 833-4001	Life can just happen...or it can happen on purpose....tips on how to take charge
December 19, 2001	Mountain Jack	Holiday Celebration	Wear Red!!!! Watch a surprise unfold	Forest Mushroom Chicken/Rice/ Garlic Bread	Laura Wilson	
December 26, 2001	No Meeting	Holiday Break				
January 2, 2001	No Meeting	Holiday Break				
January 9, 2002	Mountain Jack	President/Board Updates	How are we doing? What are we doing?		Laura Wilson 833-4001	Stay in the know with all the great goings on with your club!
January 16, 2002	Mountain Jack	Student of the Month and Building a Business/Personal Plan Part II	Meet our Student of the month. And! Part II of an easy way to start the year right!		Laura Wilson	If you missed the first planning session in December, no worries....You will leave with a plan in hand!
January 23, 2002	Mountain Jack	NOW Meeting	Time to share our good fortune by inviting others to join us.		Laura Wilson 833-4001	Invite someone that you believe will benefit from being a member at your side!
January 30, 2002	Mountain Jack	What's New in the Schools? (tentative)	Learn about exciting new trends in Education.		Laura Wilson	Learn about national pilot programs on trial right here at our local Memorial High School

**December 13<sup>th</sup> Board Meeting at the Baymont: 4:30 PM**  
**January 10<sup>th</sup> Board Meeting at the Baymont, 4:30 PM**

**December 11<sup>th</sup> – 22<sup>nd</sup> Bell Ringing at Westgate**  
**December 8<sup>th</sup> Purchase for needy Nehemiah Community Family**

**Sauk Trails Optimist Club, Ltd. -**

**Membership Roster**

<b>Name</b>	<b>Company</b>	<b>Work No.</b>	<b>Home No.</b>	<b>Fax No.</b>	<b>E-Mail Address</b>
Steve Bailey	Crown Dental Laboratory	271-5537	238-8535	271-1657	<a href="mailto:Sbailey100@aol.com">Sbailey100@aol.com</a>
Kevin Campos	Oak Bank	250-5533	833-6985	441-6001	<a href="mailto:Kcampos@oakbankonline.com">Kcampos@oakbankonline.com</a>
Shelly Dykstra-Moore	Bristol Myers Squibb Company		845-9345		<a href="mailto:Sdm9345@aol.com">Sdm9345@aol.com</a>
Brian Fisher	First Business Bank	232-5918	848-4475		<a href="mailto:bfisher@fbmadison.com">bfisher@fbmadison.com</a>
Lynne Frits	H & H Management	829-1701	829-2776		<a href="mailto:Mom@mattymo.com">Mom@mattymo.com</a>
Daniel Gibson	SVA Planners	826-2322	836-4714		<a href="mailto:Gibsond@sva.com">Gibsond@sva.com</a>
Peter Graven	Bank of Verona	848-4587	231-2478		<a href="mailto:Petegraven@bankofverona.com">Petegraven@bankofverona.com</a>
Mitch Hagens	H & R Associates, Inc.	662-1373	831-6911	662-1342	<a href="mailto:Mhagens@hsrassociates.com">Mhagens@hsrassociates.com</a>
Lori Handel	MBA, Inc.	437-4994	437-4986		<a href="mailto:Lhandel@mhtc.net">Lhandel@mhtc.net</a>
Caroline Heath	In Sync Hypnotherapy	238-4600	275-6833		<a href="mailto:Fishinsync@aol.com">Fishinsync@aol.com</a>
Gregory Hermus	Robert W. Baird Co.	831-1100	845-3820		<a href="mailto:Ghbadger@home.com">Ghbadger@home.com</a>
Donald Higgins	Higgins Insurance Group	274-4200	824-0914	274-4210	<a href="mailto:Dhiggins@chorus.net">Dhiggins@chorus.net</a>
Ricki Hoefer	Edward Jones	827-6769	833-6268		<a href="mailto:Philricki@aol.com">Philricki@aol.com</a>
Jared Holthe	Holthe family Chiropractic	277-9330	848-2638		<a href="mailto:Holthe_s@yahoo.com">Holthe_s@yahoo.com</a>
Kathy Johnson	Wiese Risk Mgmt. Services	249-3220	298-9648	249-3636	<a href="mailto:Kathy.Johnson@wrms-bip.com">Kathy.Johnson@wrms-bip.com</a>
Dee Judd	Judd Household		833-2622		<a href="mailto:Judd@itis.com">Judd@itis.com</a>
Jim Judd	Suby, Von Haden & Associates	826-2004	833-2622	831-4243	<a href="mailto:Judd@chorus.net">Judd@chorus.net</a>
Jason Kadow	Meicher CPA	238-1970 X310	827-6707		<a href="mailto:Jasonk@meichercpa.com">Jasonk@meichercpa.com</a>
Dale Kalscheur	The Neckerman Agency	238-2686	437-4470	238-7798	<a href="mailto:D_kalscheur@neckerman.com">D_kalscheur@neckerman.com</a>
Mark Knipfer	Hausman Insurance	252-6929	347-2323		<a href="mailto:Mknipfer@hausmann-ins.com">Mknipfer@hausmann-ins.com</a>
Chuck Koehler	Koehler & Associates	838-7133	838-7133		<a href="mailto:Koehler@chorus.net">Koehler@chorus.net</a>
Gail Koehler	Attic Angels Retirement Center		838-7133		<a href="mailto:Koehler@chorus.net">Koehler@chorus.net</a>
Mark Kraemer	Park Bank	283-6810	848-6899	283-6823	<a href="mailto:Mkraemer@parkbank.com">Mkraemer@parkbank.com</a>
Tim Kotnour	Bank One	282-6579	278-8169	282-6596	<a href="mailto:Timorhy_j_kotnour@mail.bankone.com">Timorhy_j_kotnour@mail.bankone.com</a>
Joe Laubmeier	American family	249-2111	271-4399		<a href="mailto:Jlaub@chorus.net">Jlaub@chorus.net</a>
Joseph Marty	M&I Bank – Middleton	836-1511	831-4799	836-4425	<a href="mailto:Jmarty@itis.com">Jmarty@itis.com</a>
Karen Morris			833-4170		<a href="mailto:Krnmor@aol.com">Krnmor@aol.com</a>
Mary Norrbom	Waddell & Reed	204-0700	829-0884	270-9726	<a href="mailto:Mnorrb@aol.com">Mnorrb@aol.com</a>
Jessica Oehrlein	Shared Medical Services	663-6080	848-2091		<a href="mailto:Jesso1016@hotmail.com">Jesso1016@hotmail.com</a>
Janine Richgels	Firststar Bank Madison, N. A.	252-4110	241-5714	252-7652	<a href="mailto:Janine_richgels@firststar.com">Janine_richgels@firststar.com</a>
John Scherer	Trinity Financial Planning	233-1111	836-0151	233-7161	<a href="mailto:John@trinfin.com">John@trinfin.com</a>
Lisa Schluesche		845-3400	833-5909		<a href="mailto:Lschluesche@amcore.com">Lschluesche@amcore.com</a>
Ray Schmitz	Retired		233-3786		<a href="mailto:Jschmitz@chorus.net">Jschmitz@chorus.net</a>
Jacci See	First Weber Group	828-5105	827-6326	836-3102	<a href="mailto:Seej@firstweber.com">Seej@firstweber.com</a>
Elaine Sloan	Physicians Mutual Insurance	222-8674	251-2993		<a href="mailto:Esloan1010@aol.com">Esloan1010@aol.com</a>
Bonnie Spindler	Spindler Enterprises	833-7244	833-7244	833-9182	<a href="mailto:Blspondlr@chorus.net">Blspondlr@chorus.net</a>
Gene Spindler	Retired		833-7244	833-9182	<a href="mailto:Elspondlr@chorus.net">Elspondlr@chorus.net</a>
Brinda Stratton	Crown Dental Laboratory	271-5537			<a href="mailto:Bstratton@aol.com">Bstratton@aol.com</a>
Christine Strub	Vectris Communications	827-8686	827-0683		<a href="mailto:Strubchris@hotmail.com">Strubchris@hotmail.com</a>
Rick Thomas	Right Touch Drycleaners	271-1088	274-0528		<a href="mailto:Jathoma2@facstaff.wisc.edu">Jathoma2@facstaff.wisc.edu</a>
Rick Tiedemann	First Union Ssecurities	824-6550	845-6367		<a href="mailto:Tiede4@aol.com">Tiede4@aol.com</a>
Amy Tripp	Comfort Suites Hotel	836-3033	274-9209		None
Cheryl Vickroy	Self employed Business Consultant	836-0047	836-8794	575-2378(cell)	<a href="mailto:cvickroy@chartermi.net">cvickroy@chartermi.net</a>
Kevin Wichman	PepsiCO		833-1501		<a href="mailto:KJWichman@aol.com">KJWichman@aol.com</a>
Laura Wilson	Wilson Law Group, LLC	833-4001	831-1711	831-1212	<a href="mailto:Laurawilson1@mindspring.com">Laurawilson1@mindspring.com</a>
Wayne Wilson	Wilson Law Group, LLC	833-4001	831-1711	831-1212	<a href="mailto:Wwwilson@execpc.com">Wwwilson@execpc.com</a>
Bob Wortinger	Kiesling Associates	275-2315	829-3926	273-2383	<a href="mailto:Rwortinger@kiesling.com">Rwortinger@kiesling.com</a>
<b>District Mailings</b>					
John Wyttenbach	Governor – SWIS (2001-2002)				<a href="mailto:Johnw@bavaroldt.com">Johnw@bavaroldt.com</a>
Caroline Heath	Lt. Governor-SWIS (2001-2002)	238-4600	275-6833		<a href="mailto:Fishinsync@aol.com">Fishinsync@aol.com</a>

C/O Bonnie Spindler  
3460 Hickory Hill Road  
Verona, WI 53593

## The Optimist Creed

### Promise yourself

- To be so strong that nothing can disturb your peace of mind.
- To talk health, happiness and prosperity to every person you meet.
- To make all you friends feel that there is something in them.
- To look at the sunny side of everything and make your optimism come true.
- To think only of the best, to work only for the best and expect only the best.
- To be just as enthusiastic about the success of others as you are about your own.
- To forget the mistakes of the past and press on to the greater achievements of the future.
- To wear a cheerful countenance at all times and give every living creature you meet a smile.
- To give so much time to the improvement of yourself that you have no time to criticize others.
- To be too large for worry, too noble for anger, too strong for fear, and too happy to permit the presence of trouble.