



Pathways



# Sauk Trails Optimist Club 2005-2006



Meet Weekly for Lunch at  
Babe's on Schroeder Road,  
Madison from 11:45 – 12:45.  
(Please enter the front door.)

## March 2006

Bonnie Spindler, Newsletter  
Editor/Distributor  
Phone: 833-7244  
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blspindler@charter.net

### Sauk Trails Optimists:

With Spring just around the corner, (we are Optimists) there are many upcoming events we will be participating in. We are going to continue our work with the UW Children's Hospital, serving meals, holding events with the kids, and possibly helping decorate and/or beautify their gardens.

Our biggest event of the year, the Special Olympics Track and Field event will be in early May. This is a very rewarding event and always helps motivate me to perform at my best in everything I do. Please make it a point to take part in this event.

Other upcoming events include: the spring fundraiser, scholarship awards, and Respect for Law. We have a lot of events coming up, and now is your opportunity to make a difference in the lives of youth in our community.

Finally, I wanted to give a special thank you to Barb Mulcahy and Ray Schmitz for their hard work on the program committee. I know how difficult a job this is, and Barb and Ray have done an excellent job.

Think Spring!

**Rick Thomas**, President  
Sauk Trails Optimist Club 2005-2006



### Update on Chuck Koehler

Chuck had his surgery on February 15<sup>th</sup> and came home on the 16<sup>th</sup> during the 'big snow storm'. He's at home and getting better everyday. Soon he'll be back attending the noon lunches again.  
**Chuck, get better soon.**

**Sauk Trails Optimist Club – STOC  
Board Minutes, Wisconsin  
Community Bank, 2/14/2006**

**Members in Attendance:**

President: Rick Thomas  
Vice-Presidents: Greg Hermus, Pete Graven  
Board Members: Sandy Fischer, Bob Wortinger  
Secretary/Treasurer: Gene Spindler

President Rick Thomas called the meeting to order at 4:40 pm.

The minutes of the January 10, 2006 Board Meeting were discussed. A motion was made, seconded and passed to approve the minutes of the January Board meeting.

The Financial Report through January 31, 2006 was presented to the Board. A motion was made, seconded and passed to accept the Treasurer's Report.

The membership and Now meetings were discussed by the Board. It was decided that the NOW meeting for March would be cancelled. There will be efforts to contact businesses in the area and make presentations to their staff about our Club and the activities that we are involved with. Members will be contacted to identify businesses for us to contact. We will also need members to make presentations to selected businesses.

Rick Thomas reported on our Childhood cancer program. We will be assisting with serving a lunch to families of childhood cancer on February 19<sup>th</sup>. In mid May we will be planting flowers in an outdoor area at University Hospital as an Optimists in Action Day. On February 12<sup>th</sup> Sheri Holthe organized a valentine card-making event for children with cancer and she had help from six other Optimist members.

The Board discussed the Scholarship Fundraising event. It will be held in early May at the Dry Bean. We will have a Buffet meal served and a silent auction to raise funds to provide support for the Scholarship Program.

The meeting adjourned at 5:30. The next meeting will be on **Tuesday, March 14th at 4:30 P.M. at Wisconsin Community Bank.**

**Gene Spindler, Secretary/Treasurer 2005-2006**

The **Sauk Trails Board will meet the 2<sup>nd</sup> Tuesday of each month at 4:30.** Each board members should put these dates on their calendar: **March 14<sup>th</sup>, 2006;**  
April 11<sup>th</sup>; May 9<sup>th</sup>; June 13<sup>th</sup>; July 11<sup>th</sup>; August 8<sup>th</sup>; September 12<sup>th</sup>.

**SWIS – Southern Wisconsin Conferences**

*All officers should put these 2006 dates on their calendar.*

- |   |                             |                           |
|---|-----------------------------|---------------------------|
| ✓ | April 28 – 29 <sup>th</sup> | Racine Marriott           |
| ✓ | August 4 – 5 <sup>th</sup>  | Holiday Inn, Madison West |



Check out the new SWIS Website at: [www.swisdistrict.org](http://www.swisdistrict.org). This website has been redesigned and was made available the beginning of February 2006. Find out more about your SWIS organization.....

**February 2006 Schedule:**

Mar 1<sup>st</sup> – 11:45, lunch Babe's  
 Mar 8<sup>th</sup> – 11:45, lunch Babe's  
 Mar 15<sup>th</sup> – 11:45, lunch Babe's  
 Mar 22<sup>nd</sup> – 11:45, lunch Babe's  
 Mar 29<sup>th</sup> – 11:45, lunch Babe's

April 22<sup>nd</sup> UW Band Concert, (for those who ordered tickets form Kathy Johnson)

April 26<sup>th</sup> (tent) Respect for Law  
 April 29<sup>th</sup> - SWIS Conference  
 May 3<sup>rd</sup> - Annual Silent Auction  
 (Fundraiser, Dry Bean)  
 May 6<sup>th</sup> - Special Olympics Track  
 May 13<sup>th</sup> (tent) - Optimist in Action  
 May 31<sup>st</sup> (tent) – Scholarship Recognition

Other events and activities will be scheduled and/or rescheduled by the Sauk Trails Board of Directors



Jason Kadow	3/2
Tim Belter	3/3
Kevin Campos	3/5
Brinda Mecham	3/10
Kelly Piper	3/11
Rick Tiedemann	3/30
Gene Spindler	3/31

**Henry Mason, UW Football Coach**

Henry Mason, receiver's coach for the Badgers will be speaking to our club on March 22. This would be a great opportunity to bring a guest to lunch. This is a great opportunity to showcase our club to potential new members. Mark your calendars now, and make it a point to attend lunch on March 22.

DATES	Location	Speaker	Topic	Lunch
March 1 <sup>st</sup>	Babe's	Denise Bunbury	Community Coordinator Child Care	Teriyaki Chicken Sandwich or Oriental Chicken Salad
March 8 <sup>th</sup>	Babe's	Student of the Month	Student for Feb/Mar Shares with Club	Steak Pita Wrap or Veggie Salad
March 15 <sup>th</sup>	Babes	Peter Cicero from Cicero Endeavors	Sharing on Cicero Endeavors (tentative)	Fish Sandwich or Cajun Fried Chicken Salad
March 22 <sup>nd</sup>	Babes	Henry Mason-UW Football Coach	UW Football Information	Rueben or Chicken Taco Salad
March 29 <sup>th</sup>	Babes	Terry Walsh-Safe Place for Newborns	Safe Place for Newborns	Chicken Sandwich or Spinach Salad



**STUDENT of MONTH > SOM SCHEDULED DATES:**  
 Mar 8<sup>th</sup> (Rescheduled from Mar. 22<sup>nd</sup>), Apr. 19<sup>th</sup>; May 17<sup>th</sup>.

**Sauk Trails HONORED the Following Students**

Annie Wilcox	Student of Month for October
Brigitte Knoll	Student of Month for November
Eric Bent	Student of Month for December
Tenzin Dhanze	Student of Month for January
Micah	Student of Month for February (Rescheduled to March 8 <sup>th</sup> )

## Making Valentine Cards with Kids

On **Sunday, February 12**, Sauk Trails Optimists helped kids stamp and write Valentine cards at UW Hospital for their parents. Sheri Holthe coordinated this event. Optimists that helped that day were: Kelly Piper; Mike Milia; Alison Scherer; Sandy Fischer; and Kristi Campos.

**Update from Kelly Piper:** We volunteered from 2:30 - 4:00 p.m. on Sunday, Feb. 12. We were assigned a craft room which had plenty of supplies, but we brought blank, white cards and cut out heart shapes of various sizes. Sheri and I worked ahead of time to get them ready.

We worked with about five children at the UW Hospital. Most came in with a family member, but some came into the room by themselves. One reason for the low turn out is that family members visit during the weekend, which draws their attention away from activities in the craft room.

One young man, about 12 years old, made five cards to give to his various family members. We weren't able to communicate, *because English was his second language*, but his talented artwork helped break the language barrier. We were really impressed with his skills. Other little girls made just a few cards and became tired quickly. However, we saw each of the children smile for a few minutes while they worked to create their own, personally designed Valentine's Day Cards.

We felt proud to be able to work with all of the children. Some of the STOC members confessed that they weren't artistically talented, but other excelled at making Valentine's Day Cards. Overall, we enjoyed our time with the kids and hope to go back to the hospital and spend more time with the children.

**THANKS to ALL WHO SUPPORTED THE KIDS MAKING VALENTINES.**

## Sauk Trails Optimist Help Serve Meal at UW Hospital

On **Sunday February 19<sup>th</sup>**, Kevin Campos, Kristi Campos, Kathy Johnson and Rick Thomas served 30 – 40 adults and children at the UW Hospital. It was very much appreciated by all who attended. **Thanks to all who helped.**

## Membership Recruitment

The membership committee is working on developing a new recruitment tool for our club. We will be putting together a 10 minute presentation that we will be giving to employees of businesses in our area about why they should join a service club, especially Sauk Trails Optimist Club. We need members who would be willing to put on the presentation. If public speaking isn't one of your strengths, we need you to submit at least one person at a local business whom we could contact about giving our presentation. With your help, we can grow our club and serve even more youth.

# The JOOI-Ful Spartan

## Spartan Youth Service's monthly newsletter

A letter from the presidents:

Well, this month it's all about unity! We had a great time at district conference and encourage all of you to go next time if you can. At the conference we realized that our JOOI district has some work to do before we can really be effective. From what we understood, our club is one of the strongest and most organized in the district (remember, we haven't met them all), and it will be our responsibility to use our experience to help the district get back together. Our club has some great projects going which we would really like to share with others. Also, we would like us to continue with district wide projects such as the pop-top drive and the SWIS district website. We're counting on you all to help bring our district together!

Secondly, we would like to highlight the **SPiRiT** project. For those of you who are unfamiliar with SPiRiT (Service Inspiring Responsibility In Teens), this program is aimed toward planning a community service day at Memorial High School as well as educating students on the benefits of service. As one of the major service organizations at Memorial, we believe that it is our responsibility to provide full support to this program. Meetings are held Tuesday mornings at 7:30 in the Wisconsin Neighborhood center. We know its early but trust us; it's worth your time. All are welcomed and appreciated!

Be JOOI-Ful,  
Kristen Fox and Annie Wilcox  
Spartan Youth Service co-Presidents

## Committee News

### Seniors

It's time to let that inner star shine through! The 3<sup>rd</sup> annual Oakwood talent show is coming up! The date has been tentatively set for March 25<sup>th</sup>, however due to lack of availability, the date may be changed. Be sure to listen to announcements so you don't miss you chance to be a star!

### Optimists

Get ready to get out there! The optimist committee is in the planning stages of a partnership with the Ice Age Trail, a recreational trail near Madison. If you enjoy being outside and beautifying your city, this project's for you! Stay in touch for upcoming details.

### Jefferson

The crush can sale was a success! The Jefferson committee raised \$44.25 for the Humane Society. They are also planning a puppy chow sale to add to the funds, so if you need some extra hours, pick up a shift to sell at lunch.

### Fundraising

The fundraising committee has arranged for a speaker from the Ronald McDonald house to come to our meeting on Wednesday, March 1. The speaker will inform us on the purpose of the house and also give us some pointers on how to collect those tops! Don't miss this!

### Community

Crestwood Capers is right around the corner! So far we've had a great amount of people sign up but we're still a little short on Saturday morning. So if you're free, please sign up! Also, if you enjoy completing your service hours during the day, sign up to work the Independent Bake sale.

### School

It's time for our "Service Begins at Home" project. This is our chance to reach future Spartans on the importance of service. This project will consist of a separate training session and then, later, two presentations during the day at either Orchard Ridge or Chavez elementary schools. We need a ton of volunteers, so if you don't mind missing school ☹, come and help out. Remember, the school grounds clean up is currently scheduled on March 26<sup>th</sup> - immediately after school.

## Sauk Trails Optimist Club, Ltd. - Membership Roster March 2006 (Updates in Red)

Name	Company	Work No.	Home No.	Fax No.	E-Mail Address
BJ Bailey					<a href="mailto:Mrfuel4@yahoo.com">Mrfuel4@yahoo.com</a>
Steve Bailey	Crown Dental Laboratory	271-5537	238-8535	271-1657	<a href="mailto:Sbailey100@aol.com">Sbailey100@aol.com</a>
Tim Belter	Johnson Bank	240-1890	455-1145	240-1870	<a href="mailto:tbelter@johnsonbank.com">tbelter@johnsonbank.com</a>
<b>Scott Bodley</b>	<b>Self Employed</b>	<b>702-387-2335</b>	<b>288-8796</b>	<b>217-1873©</b>	<b><a href="mailto:seavan4@hotmail.com">seavan4@hotmail.com</a></b>
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Amy Tripp					No E-Mail
Bob Wortinger	Kiesling Associates	664-9110	829-3926	273-2383	<a href="mailto:Rwortinger@kiesling.com">Rwortinger@kiesling.com</a>



**Sauk Trails  
Club Officers  
05-06**

President  
Rick Thomas

Secretary/Treasurer  
Gene Spindler

Past President  
Tim Belter

Vice Presidents  
Greg Hermus  
Pete Graven  
Kevin Campos

Board of Directors  
Sandy Fischer  
Barb Mulcahy  
Bob Wortinger  
Mike Milia  
Jason Kadow  
Jill Thomas

**Cottage Grove Optimist Charter Banquet**

February 26<sup>th</sup> was the Charter Banquet of a new club in Cottage Grove. In support of that club, some of the Sauk Trails Optimists attended that banquet. Those who could attend were: Steve Bailey; Gene & Bonnie Spindler; & Kelly Piper. We all had a real nice evening welcoming a new club to join the other 60 + clubs in the SWIS District.

**REMINDER:** STOC Articles for April 2006 Newsletter are due to Bonnie Spindler at [blspindler@charter.net](mailto:blspindler@charter.net) by **March 28<sup>th</sup>, 2006**

**The Optimist Creed**

**Promise yourself**

- To be so strong that nothing can disturb your peace of mind.
- To talk health, happiness and prosperity to every person you meet.
- To make all you friends feel that there is something in them.
- To look at the sunny side of everything and make your optimism come true.
- To think only of the best, to work only for the best and expect only the best.
- To be just as enthusiastic about the success of others as you are about your own.
- To forget the mistakes of the past and press on to the greater achievements of the future.
- To wear a cheerful countenance at all times and give every living creature you meet a smile.
- To give so much time to the improvement of yourself that you have no time to criticize others.
- To be too large for worry, too noble for anger, too strong for fear, and too happy to permit the presence of trouble.