

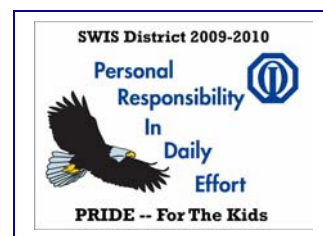


Sauk Trails Optimist Club of Madison



MARCH 2010

**Weekly Wednesday Lunch
Meetings - 11:45 – 12:45,
SPRECHER'S, Middleton**



Sauk Trails Optimist Club moves to SPRECHER'S in the Sauk Trails area starting with the March 3rd lunch, meeting in the front room.

Directions: Exit on Green Way Boulevard (going west), turn left at light. At the 2nd light on John Q Hammons Drive, turn left. Sprecher's is a couple blocks on the right, across from 'The Marriott' Hotel. See you there...

Sauk Trails Optimists:

After 8 years at Babes in Madison, our Sauk Trails Optimist Club – STOC, is moving 'home' to the Sauk Trails area. We have had many successes since 1992, when STOC was chartered in the SWIS – Southern Wisconsin District. As optimist, over the years **'we've been just as enthusiastic about the success of others as we are about our own'**.

Kevin Campos, Past President 08-09, along with others have been instrumental in finding Sprecher's and working out details for our move there. **Thanks to everyone.** The main goal for moving is to 'attract new members' in the Sauk Trails business area. On March 24th there will be an evening get-together for the Sauk Trails business community where optimists could share about the club and youth opportunities.

At recent lunches, optimist Liv Sandberg and Darrin Sharp shared about themselves and their chosen professions. More opportunities of sharing will be made available. The enthusiasm optimists have for life can be shared with the youth we serve in current and future activities.

Three 'Students of the Quarter' were also honored at a recent lunch. Each student shared about themselves, service activities, and goals for the future. An Essay Contest was made available with the winning essay sent to SWIS District to compete for a \$2,500 scholarship. An Oratorical Contest (Speech) will be held on March 17th at lunch, where a winning boy and girl will each be selected to go on to a SWIS Zone Contest. The Essays will also be read at this lunch and the club winners honored and awarded.

Activities coming up in the next couple months include: Serving meals for Childhood Cancer; Special Track Olympics; Respect for Law; Scholarships; Students of Quarter; Spartan Youth Service Team events; and others; With the enthusiasm of our current optimists and the support of youth activities, the increasing of membership, we can support more youth. Each optimist is equivalent to supporting 30 kids in events and activities. Thanks to ALL current and future optimists for their enthusiasm in support of our youth.

Bonnie Spindler, Sauk Trails Past President and SWIS District Leader
(For **Carole Klopp** 09-10, current president)

www.sauktrailsoptimistclub.nexo.com

www.swisdistrict.org

www.optimist.org



Carole Klopp, our 09-10 Sauk Trails President, has recently returned from Florida. Our entire club gave her sympathy in the loss of her brother. Carole is also working out details for her mother, who is currently continuing to live in Florida, with needed care. "Our prayers are with you as you continue being needed for your family." Take care. Sauk Trails Optimists

**Sauk Trails Optimist Club – STOC Board Meeting
Good Shepherd Lutheran Church, February 16th, 2010**

Members in Attendance: Sec/Treas – Gene Spindler; Past Pres: Kevin Campos, VP: Alison Scherer Board Members: Pat Beiersdorf, Ray Schmitz, Jeff Hosking, Bonnie Spindler.

Not attending: President: Carole Klopp, Board - Bob Wortinger. Kathy Johnson

Alison Scherer called the meeting to order at 4:50 pm.

The minutes of the January 19th Board Meeting were discussed. A motion was made (Ray Schmitz), seconded (Pat Beiersdorf), and passed to approve the minutes of the January Board Meeting.

The Financial Report through January 31, 2010 was presented to the Board. The Board discussed the information provided. A motion was made (Ray Schmitz), seconded (Alison Scherer) and passed to accept the financial report as presented.

The Board discussed the move to Sprecher's, which will occur beginning March 3rd 2010. Jeff Hosking reported that Sprecher's had a Pub Club Card, which sells for \$25. Sprecher's has offered to the Club the opportunity to purchase nine and receive one free. A motion was made (Jeff Hosking), seconded (Pat Beiersdorf) and passed to purchase 10 Pub Club Cards for \$25. These cards will be given one each to the first ten new members who join Sauk Trails Optimist Club after our move to Sprecher's. A motion was made (Jeff Hosking), seconded (Bonnie Spindler) and passed to give a free lunch certificate to each guest who comes to the March 24th open house at Sprecher's.

Committee Reports: Bonnie Spindler reported on the Oratorical Contest that 3 students had signed up for the Oratorical Contest on March 17th. A motion was made (Bonnie Spindler), seconded (Pat Beiersdorf) and passed to provide \$100 for medallions and gift certificates to the winners. Three to five students have signed up for the essay contest and a motion was made (Bonnie Spindler), seconded (Pat Beiersdorf) and passed to provide \$125 for medallions and gift certificates. Club members have signed up to serve meals at the Children's Hospital on March 21 and April 18.

The board discussed recognition to be presented to Lynn at Babe's for his service to our club for the past eight years. A motion was made (Bonnie Spindler), seconded (Ray Schmitz) and passed to provide up to \$50 to purchase a Wisconsin shirt for Lynn.

The Board has scheduled a special meeting on **March 2nd** for the planning needed for the March 24th Open House at Sprecher's.

A motion was made (Bonnie Spindler), seconded (Kevin Campos) and passed to adjourn. The date, time and location for the next Board Meeting **is set for 4:45 on March 16th at Good Shepherd Lutheran Church.**

Gene Spindler, Secretary/Treasurer 2009-2010

ANY Sauk Trails Club Optimists

There should be club representation at each quarterly conference to acquire the information for the Sauk Trails Optimist Club. Please put these dates on your calendar and try to make at least one of these SWIS Conferences.

May 8th, 2010 Wis Dells Kalahari
August 14th, 2010 Pewaukee Radisson

Jason Kadow 3/2
Kevin Campos 3/5
Brinda Mecham 3/10
Gene Spindler 3/31



Editor: Bonnie Spindler
blspindler@charter.net
March Newsletter
Articles Due by
03/28/2010

Sauk Trails Club Officers 09-10

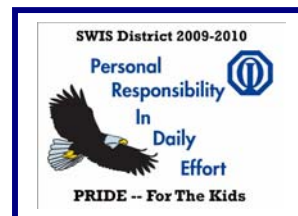
President
Carole Klopp

Secretary/Treasurer
Gene Spindler

Past President
Kevin Campos

Vice President
Alison Scherer

Board of Directors
Jeff Hosking
Bob Wortinger
Kathy Johnson
Pat Beiersdorf
Bonnie Spindler
Ray Schmitz



CHILDHOOD CANCER

Two Sauk Trails Optimists and their families, with a West Madison Optimist, will be helping with serving meals for Childhood Cancer.

The Kalscheur Family has signed up for: March **21st**

The Hosking Family has signed up for: April **18th**.

Future dates in fall will also be chosen sign-ups.

Oratorical/Essay Contest Programs

Any child under the age of 16 before Dec. 31st, 2009, could have entered the Oratorical Contest and compete for the \$2,500 scholarship. The Club Contest: will be held: **March 17th at Sprecher's.** (*The SWIS Zone 4 Contest is scheduled for April 17th in Middleton.*) There are currently 3 JOOI students working on their speeches.

Any child under the age of 19 as of Dec. 31st, 2009 could have entered the Essay Contest and compete for the \$2,500 scholarship. Essays were received by: **02/17/2010**, and judged by 3 optimists. The winning essay was submitted to the SWIS Essay Chair by Feb. 28th. The essays entered will also be read on March 17th. **THANKS to Kathy Johnson, Darrin Sharp, and Rick Thomas** for judging the entries.

Participants and winners will all be recognized and club prizes will be distributed to the winners and runner-ups in each contest on **March 17th at Sprecher's.**

Bonnie Spindler, Service Event Co-Chair 833-7244 blspindler@charter.net,
Pat Beiersdorf, Service Event Co-Chair 695-0421 pbeiersdorf@bankahb.com.

Date	Speaker	Topic	SPRECHERS Lunch Menu's
March 3 rd	Sauk Trails Board and Optimists	PLANNING UPDATE for Sprecher's Events	Menu 1
March 10 th	Michael Glowacki from Capital Hypnosis Inc	Self-improvement through hypnosis.	Menu 2
March 17 th	Oratorical Contestants, Essay Contestants	Speeches on OI Internet Judged, Essays Read	Menu 3
March 24 th	EVENING KICK-OFF at Sprecher's Party	Everyone Shares (<i>see Talking Points Below</i>)	NOON CANCELLED
March 31 st	Ryan Spindler Manager Mautz Paints	Energy Efficiencies for Home Interiors	Menu 4
April 7 th	Mark Tiedemann , Energy Specialist	Energy Efficiencies (continued)	Menu 1

SPRECHER'S MENU CHOICES for 4 WEEKS EACH MONTH,
Cost: \$12.00 (includes entrée, beverage, tax, & tip)

Menu 1	Menu 2	Menu 3	Menu 4
½ Sprechers Chicken Wrap, with side and soup	½ Roast Turkey Sandwich, with side and soup	Ratatouille with Soup	Chicken Fettuccine Alfredo with soup
Rueben with soup or side	Meatloaf with soup	Sprechers Chicken Sandwich with soup or side	Classic Cobb Salad
Chicken Caesar Salad with soup	Classic Cobb Salad with soup	Chicken Caesar Salad with soup	Pork Sliders with side and soup

TALKING POINTS for OPTIMISTS

To be used by optimists on March 24th and with other potential future optimists.

- 1) Opportunity to Give Back.
- 2) Support Junior Optimists.
- 3) Camaraderie with like-minded people.
- 4) Enjoy lunch, hear speaker, company friends.
- 5) Be inspired by the OI Creed.
- 6) Serve youth in community, through activities.
- 7) Set positive example for family/friends.
- 8) Something positive to do with kids/grandkids.
- 9) It's fun.
- 10) Many currently scheduled activities see this newsletter for some of those coming up.

Spartan Youth Service JOOI Team

The Spartan Youth Service JOOI Team is continuing to be very busy this spring!!

- ✓ **The Dane County Committee** will be helping out at Brat Fest later in the spring, helping out at a dance marathon, and continuing with WPT. They are also looking into working with retirement homes.
- ✓ **The Optimist Committee** will be working on a bake sale for St. Patrick's Day and more fundraisers as well as working with the humane society, and the Ronald McDonald house.
- ✓ **The Spartans Committee** is beginning to get ready for "SWAT" (Students With A Task), selling wristbands that will raise money for the school, and Crestwood Capers. The bake sale which they did the third week of February was very successful and raised over \$150.
- ✓ **The Outreach Committee** is looking into working with the Ice Age Trail again, helping out at food pantries around Madison and with park cleanups when it gets warm.
- ✓ **The Better Life Committee** is planning the Better Life Walk-A-Thon to be held on Saturday, May 15th. Complete details coming to you next month. Save the date!

With 250 members, we welcome additional ideas for service projects. You can let our advisors know by e-mailing Mrs. Schwartz (mnorrb@aol.com) or Mr. Thomas (jathoma2@facstaff.wisc.edu). We will also be doing more fundraisers for our club, our school James Madison Memorial, and other outside charities. Spirit Day is coming up in April and that is always a big project with a couple hundred of volunteers who need chaperones. If you would like to be one of our chaperones please let our advisers know! Check out our official club website is www.Spartanservice.org to learn more about us.

George Liu and Marcus Bolles, Co-Presidents

Wisconsin Public Television

The Spartan Youth Service Team has signed up 5 students for each of these time frames. As a result, there is no need for chaperones (need to be over 5), BUT you can participate in the Wisconsin Public Television Telethon – WPT. (*The students need to be 16 or older*). If you choose to attend you can answer the WPT phones taking pledges, along with the students, when you are there. The following time frames are planned by the youth.

- ✓ 3/6 Sat 8:30 - 12:30 pm
- ✓ 3/6 Sat 3:30 - 7:30 pm (live at 6)
- ✓ 3/7 Sun 3:30 - 7:30 pm (live at 6)
- ✓ 3/13 Sat 3:30 - 7:30 pm
- ✓ 3/14 Sun 3:30 - 7:30 pm

Check your schedule to see if you can volunteer for one of these service events to support our JOOI group – Spartan Youth Service Team from Memorial High School.

Sauk Trails Optimist Club Future Activities

- ✓ Honoring 2 Students in May;
- ✓ Essay Contest (Feb. 24/March 17th);
- ✓ Oratorical Contest (Mar 17th);
- ✓ Childhood Cancer Meal Serving (03/21, 04/18).
- ✓ Special Olympics Track Meet (May 6th);
- ✓ Respect for Law (May);
- ✓ Scholarships Awarded (May);
- ✓ Better Walk-A-Thon (May 15th);
- ✓ Basketball Fundraising Planning (for fall)
- ✓ , Supporting JOOI activities and others.

Please get involved in as many of these activities as you can. A summarization of this information, along with talking points (#10 previous page), will be made available in hard-copy for the March 24th evening get-together at Sprecher's.



January, February, and March Students of the Month Honored on February 17th were:
Lindsey Hughes, Melissa Milbrandt and Corinne Werner

Optimists Sharing: Each month there will be an Optimist/s sharing about themselves at a lunch and providing a short bio and picture for the newsletter. Please let Jeff Hosking, haphosking@yahoo.com the speaker coordinator know, which month would be a good time for you to share with other optimists. If you cannot make a lunch, we would like to have you e-mail a picture and bio about yourself to Bonnie Spindler blspindler@charter.net for a future Sauk Trails Newsletter.

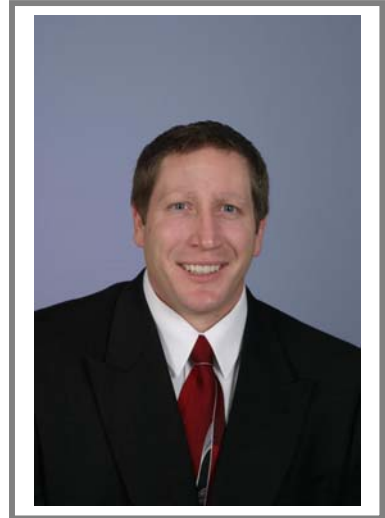
Darrin Sharp, Optimist

I was born and raised in Janesville, WI. I moved to Madison in 1998 and currently reside in the Town of Westport.

I graduated from UW-Platteville in 1995 with a degree in History and a minor in Political Science. I work as an Independent Financial Advisor and I specialize in Estate Planning and Special Needs Estate Planning. I have been in the field since 2000 and started my own practice in 2006.

When I am not working I enjoy gourmet cooking, wine, golf, hunting, but my main hobby is tournament bass fishing. Most of my free time between April and October is spent fishing in tournaments or preparing for them. I still have a great love for history and enjoy reading when I can fit it into my schedule. Music also plays an important role in my life as I use to work in the industry doing tour security at the venues here in Madison.

Darrin Sharp



Liv Sandberg, Optimist

As is quite appropriate for someone from Minnesota, I am Scandinavian and can recite an Ole and Lena joke for most every occasion. Realizing this would not prove lucrative, I prepared for a career; receiving a BS from Montana State and a MS from Iowa State in Animal Science. Following several years of instructing Equine Science courses at North Carolina State, my career brought me back north to work for UW Madison as the WI Equine Extension Specialist. In my current position, my primary responsibility includes providing equine educational programs for youth, college students, and adults throughout the state. Outside of work, I like being outdoors playing softball, golf, kayaking, fishing, gardening, skiing, camping, hiking, and relaxing with friends. I also enjoy spending time with furry animals.

Liv Sandberg



The Optimist Creed

Promise yourself

To be so strong that nothing can disturb your peace of mind.

To talk health, happiness and prosperity to every person you meet.

To make all you friends feel that there is something in them.

To look at the sunny side of everything and make your optimism come true.

To think only of the best, to work only for the best and expect only the best.

To be just as enthusiastic about the success of others as you are about your own.

To forget the mistakes of the past and press on to the greater achievements of the future.

To wear a cheerful countenance at all times and give every living creature you meet a smile.

To give so much time to the improvement of yourself that you have no time to criticize others.

To be too large for worry, too noble for anger, too strong for fear, and too happy to permit the presence of trouble.