



Pathways

Sauk Trails Optimist Club
Madison, Wisconsin



Weekly Lunch Meetings
Wednesday's 11:45 - 12:45
The Radisson on Grand Canyon Drive



February 2019

PRESIDENTS NOTE

Dear STOC Friends

Promise Yourself –

“To make all your friends feel that there is something in them.”

“Why don’t you go out and make some friends?”
You’ve heard it said.

‘Make’ is the operative word.

Otherwise you’d just go out and find friends ready made and ready to plug conveniently into your life. Friends take work. You have to make them. Some take more work than others, but they all reap what you sow.

Which leads to the ‘all’ part, assuming you’ve got any friends at all. If you don’t have more friends than you need, then someone who needs you for a friend hasn’t been given the chance to make you their friend.

See how it works?

- John Fons



STOC Bulletin Board

Sauk Trails Club Officers 2018-19

President: John Fons

Vice President: Liv Sandberg

Secretary: Rick Thomas

Treasurer: Bob Wortinger

Past President: Dan Chart

Board of Directors

- Steve Bailey
- Rick Conne
- Mary Schwartz
- Nancy Hach
- Kathy Johnson
- Todd Geltemeyer

February Birthdays

Mike Grasmick 4
Bonnie SPindler 11



Second Quarter SWIS Conference
Feb 15-16, 2019
Hilton Garden Inn,
Sun Prairie WI

Registration information:
www.swisdistrict.org



Newsletter Editor:
Liv Sandberg
jlivsandberg@gmail.com

Terry Lynn Snack Products

Order some treats for your 'sweets' for Valentine's Day or for any other occasion. Terry Lynn snack products are now available to order anytime, not just before Christmas. Help support STOC via this fundraising effort. Estimated deadline to order to receive product before Feb 14th is Feb 4th. Click on link <https://sauktrailsoptimists.terrylynncares.com> Questions: Rick Thomas rlthomas5914@gmail.com

Date	Speaker	Topic
02/06	Mary Schwartz	2019 Economic Update
02/12	STOC Board Meeting 5:00 pm	Park Bank, 8001 Excelsior Dr., Madison, All members are welcome to attend
02/13	Galen Metz	The Non-Financial Aspects of Retirement
02/20	SYSJT Students	Student of the Month
02/27	Traci Goll	Horizon High School
03/02		Progressive Dinner
03/06	Students	Essay Contest Participants
03/13	Students	Oratorical Contest
03/20	OPEN	
03/27	Steve Bailey	Firefighters Recognition

Please let us know if you have someone who would like to speak at a lunch meeting.
Speaker Committee: Mary Schwartz & Steve Bailey

PROGRESSIVE DINNER!

SATURDAY MARCH 2, 2019
3:30-7 pm +
(Yes, it will be held on a Saturday this year.)

Every year the progressive dinner proves to be a wonderful event, sharing yummy food, cocktails, and friendship.

The Perfect time for a Marti-gras themed party.

Please mark the date and time, and watch for further details regarding exact locations/addresses, a food sign up sheet, etc.

3:30-5:15 Appetizers @ Klopp residence
5:30-7pm meal/dessert @ Wortinger residence

If you have any questions, feel free to contact:
Jacci See, Mary Schwartz, Kathy Johnson, or Liv Sandberg

Optimist Youth Essay Contest

STOC will be conducting the annual local Essay contest for youth, with the winner advancing to compete at the district level for a scholarship. Students will need to turn in their essays by February 18, 2019 to Mike Grasmick.

Questions can be directed to Mike also. megrasm@gmail.com

SAUK TRAILS – Madison Club WEBSITE

www.sauktrailsmadisonoptimist.org

Current and previous STOC Newsletters are available as PDF's on the www.sauktrailsmadisonoptimist.org website.
To acquire the newsletter, CLICK on the 'PDF Download' of CHOICE.

Call for website sponsors.

If you are interested in also being a sponsor of the STOC Website for the 2018-2019 year, and have your business/name in the rotation on our website, please contact Bonnie Spindler. Thanks to the Park Bank of Madison for their continued sponsorship.

The Sauk Trails – Madison Website is constantly being updated with many pictures in addition to those in the newsletter. To become more familiar with the website and the pictures currently available, see below:

Sauk Trails – Madison Website Pictures

In the EVENTS area, click on this link: [CLUB Program Pictures](#) (View 'Photo Galleries')
In the EVENTS area, click on this link: [CLUB Accomplish Pictures](#) ('Read More', scroll description)
In the ABOUT area, click on this link: [CLUB Photo Gallery](#)

If you have any problems acquiring the Newsletter or are NOT receiving the monthly message, please contact me so we can correct that situation. Optimistically, **Bonnie Spindler** bspindler@charter.net 850-9561 (H)
Sauk Trails Website Coordinator

Know Your Optimists – Steve Bailey



"People can recognize Optimism in you," says Sauk Trails Optimist Steve Bailey who has been an Optimist over thirty years.

Once a Community Calendar broadcaster for WNWC Radio, Steve and the radio station got a call from a church in Jefferson, Wisconsin where the pastor listened to the broadcast.

"I can tell you're an Optimist just by listening to you," the pastor told Steve over the phone. "We'd like to have you come and speak to our church. We could use a spark of Optimism."

Sharing that spark is what Steve has been doing through the years as he attends Sauk Trails Optimist meetings and serves on the board of directors and program committee. A previous president of the Downtown Optimist Club, Steve has also served as Lt. Governor of what was Optimist Zone 9, also District Governor and served on an international committee related to JOI or Junior Optimists International.

Steve became an Optimist, "because somebody asked me to join," and says, "I'd like to see Sauk Trails Optimist Club grow. Having seen all these people in here," speaking at a lunch room, "I haven't asked a single one to be an Optimist yet."

A veteran of both radio and television broadcasting, Steve auditions for speaking parts with his mellifluous baritone voice. Sauk Trails Optimists and the cause of Optimism can ask for no finer spokesman.

Submitted by John Fons

**SAUK TRAILS OPTIMIST CLUB
BOARD OF DIRECTORS MEETING**

Tuesday, January 8, 2019
MINUTES

PRESENT: John, Dan, Mary, Rick T., Steve, Rick C., Kathy, Liv

Others Present:

Absent: Nancy, Todd, Bob

The meeting was called to order at 5:01 p.m.

1. **Addition to Agenda:**
2. **Approval of Board Minutes from 12/11/2018.** Steve moved to approve the minutes, Dan seconded, Passed unanimously.
3. **Acceptance of December Financial Reports:**
The board reviewed the financials from December 2018, Mary moved to accept the financials, Liv seconded, Passed unanimously.
5. **Koeze/Terry Lynn Sales**
The board discussed sales this year which were about \$200 below last year. It was agreed to keep using both companies with an emphasis on Terry Lynn and year round sales.
6. **Bucky Book Sales**
There are 5 books remaining that were bonus books for the club. Mary moved that we offer the remaining books at \$25 EACH. Kathy seconded, Passed unanimously.
7. **Progressive Dinner**
Saturday, March 2nd was discussed as a possible date. Mary will contact possible hosts and the committee will decide on a date for the event.
8. **Firefighter/EMT Recognition**
The fire department said that they do not recognize individual fire fighters/EMT. March 27th was discussed as a possible date to recognize the whole department and make a possible donation to the burn camp. Liv moved that the club will host a Firefighter/EMT department recognition at a club meeting to be determined with the possibility of a donation from the Foundation. Mary seconded, Passed unanimously.
9. **Future Dates:**
 - a. **Respect for Law** – May 8th
 - b. **Essay Contest** - February 28th deadline
 - c. **Oratorical Contest** – Steve will get the dates, the contest will have to be in March.
10. **Foundation Board Meeting Date**
March 12th
11. **Fundraising Options**
John is going to research fundraising with Culver's.
12. **Newsletter protocol as Policy**
Bonnie is currently putting the newsletter on the website and thought that should be in the policies. The board tabled this for future discussion.
13. **Adjourn to February 12th at 5:00pm, at Park Bank in Middleton** Kathy moved to adjourn, Steve seconded, passed unanimously.

Respectfully submitted,
Rick Thomas, President

STO club lunch and activities in pictures

- 1) Jan 9th: STOC members were delighted to hear from Pauli Sitomaniemi from Finland. He shared his perspective on Life in Finland vs Madison and differences he has noticed while raising two young children living in US.
 - Welcome to our newest STOC member, Ken-Adi Ring, who was installed on Jan 9th by President John Fons.
- 2) Jan 16th luncheon speaker: Joanne Keane, spoke about her program for teens "Safe Bodies, Strong Voices"
- 3) Jan 23 and Jan 30 meetings canceled due to weather. Speakers will be rescheduled.

Many Thanks to Steve Bailey and Mary Schwartz for contributing photos.



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Surprise!
Happy 70th Kathy!

Several STOC members had a grand time helping Kathy Johnson celebrate at her 70th birthday at her surprise party. Great job Dennis!

Many Thanks to Mary Schwartz for contributing photos.



The Optimist Creed

Promise yourself...

To be so strong that nothing can disturb your peace of mind.

To talk health, happiness and prosperity to every person you meet.

To make all your friends feel that there is something in them.

To look at the sunny side of everything and make your optimism come true.

To think only of the best, to work only for the best and expect only the best.

To be just as enthusiastic about the success of others as you are about your own.

To forget the mistakes of the past and press on to the greater achievements of the future.

To wear a cheerful countenance at all times and give every living creature you meet a smile.

To give so much time to the improvement of yourself that you have no time to criticize others.

To be too large for worry, too noble for anger, too strong for fear, and too happy to permit the presence of trouble.



"Dreaming of a couch and a nap right about now!"