



Pathways



Sauk Trails Optimist Club 2005-2006



Meet Weekly for Lunch at
Babe's on Schroeder Road,
Madison from 11:45 – 12:45.
(Please enter the front door.)

July 2006

Bonnie Spindler, Newsletter
Editor/Distributor
Phone: 833-7244
E-mail:
blspindler@charter.net

What's Inside?

President Rick's Message, Special Speaker	1
June Board Minutes, New Officers SWIS Update,	2
Schedule, Service Club Oly	3
Respect for Law, Birthdays, Football Craze Raffle	4
Spartan Youth Service Team	5
Roster of Optimists,	6
Service Club Olympics Sign-ups and Creed	7-8

Fellow Sauk Trails Optimists:

Summer is a great time in Madison. There is always a lot to do, and there are plenty of interesting places to do it. Besides the obvious sporting events, festivals, boating, farmer's market, etc., plan to take a couple of hours each week and spend it with a child in your life. Kids have a unique perspective on things, and it is great to see the wonder in their eyes when you go for a walk in the Arboretum, zoo, or just in your neighborhood. See how many different animals, plants, etc. you can spot. You would be surprised what they all see, and what they think about it.

It also enjoy summer because it brings one of my favorite events, the Service Club Olympics. If you haven't taken part in the past, it is a lot of fun, and we even get points for eating. If you haven't signed up, please do so ASAP. So far we have a great team put together, and with a little more help, I think we have a great chance to win again this year.

Have a great summer!

Rick Thomas, President
Sauk Trails Optimist Club 2005-2006



Badger Athletic Director, Vince Sweeney Speaking

MARK YOUR JULY CALENDARS:

On **Wednesday, July 19** we will be honored to have **Vince Sweeney**, Senior Associate Athletic Director of the Badgers speak to our club. Mark your calendars now so not to miss this great opportunity to hear more about Badger athletics. This will also be our last meeting before the Service Club Olympics, so we can plan strategy and fill any holes in assignments. **See you there!**

**Sauk Trails Optimist Club – STOC
Board Minutes, Keller-Williams
6/13/2006**

Members in Attendance:

President: Rick Thomas
Vice President: Greg Hermus
Board Members Barb Mulcahy, Kevin Campos
Sec/Treas: Gene Spindler



President Rick Thomas called the meeting to order at 4:35 pm.

The minutes of the May 9, 2006 Board Meeting was discussed. A motion was made (Barb Mulcahy), seconded (Kevin Campos) and passed to approve the minutes of the May Board meeting.

The Financial Report through May 31, 2006 was presented to the Board. A motion was made (Kevin Campos), seconded (Barb Mulcahy) and passed to accept the Treasurer's Report.

The Board discussed the upcoming Service Club Olympics. There is a need for more members to sign up and participate in events. A motion was made seconded and passed to provide \$5 support for events costing more than \$10 and to provide \$10 support for the meal cost for members attending.

Rick Thomas reported that we would be assisting The West Madison Optimist Club in serving a meal to families of children with cancer on Sunday, June 18th. Two to three volunteers are needed for this activity. Our club has been invited to attend the June 22nd Mallards baseball game by the Downtown Optimist Club. This activity includes a meal and a ticket to the game.

The speaker for June 14th will be Rita Emmenegger representing the Friends of Nicaragua. A motion was made, seconded and passed to provide a gift of \$100 to support their activities in Nicaragua.

The meeting adjourned at 5:30. The next meeting will be on **Tuesday, July 11th at 4:30 P.M. at Keller Williams.**

Gene Spindler, Secretary/Treasurer 2005-2006

**Sauk Trails
Club Officers
05-06**

President
Rick Thomas

Secretary/Treasurer
Gene Spindler

Past President
Tim Belter

Vice Presidents
Greg Hermus
Pete Graven
Kevin Campos

Board of Directors
Sandy Fischer
Barb Mulcahy
Bob Wortinger
Mike Milia
Jason Kadow
Jill Thomas

**SWIS – Southern
Wisconsin
Conferences**

*Club officers should put these
2006 dates on their calendar.*

August 4 – 5th Holiday Inn,
Madison West

November 10th – 11th Monroe

*(Training will be scheduled on
Saturday at each of these
conferences. As a new board
member, try to work these dates
into your schedule to learn more
about being an Optimist.)*

Sauk Trails Club New Board 06-07

The following were elected to the Sauk Trails board. They will be starting or continuing their 1 or 2 year terms in October 2006.

President:	Greg Hermus
Vice Presidents:	Barb Mulcahy, Kevin Campos
Sec/Treasurer:	Gene Spindler
Past President:	Rick Thomas
Board Members:	Bob Wortinger (continuing 2 nd year)
	Mike Milia (continuing 2 nd year)
	Kelly Piper (1 year, replacing Barb on board)
	Kathy Johnson (2 year term)
	Diane Riley (2 year term)
	Carole Klopp (2 year term)

Board Members who have completed their terms and are going off the board are: Sandy Fischer, Jason Kadow, Pete Graven and Jill Thomas. THANKS to all of you for your years of service to your club.

July 2006 Schedule:

July 5 th	Lunch Babe's, 11:45 am
July 12 th	Lunch Babe's, 11:45 am
July 19 th	Lunch Babe's, 11:45 am
July 26 th	LUNCH CANCELLED
Jul 24-25	Service Club Olympics

Other events and activities will be scheduled and/or rescheduled by Sauk Trails Board.

SWIS District Sponsors Football Craze Raffle

Football season is almost upon us again, and we are once again selling the "Football Craze" tickets as a fundraiser for our club. The tickets are \$20.00 each. \$10.00 goes toward prizes. \$5.00 goes to the Optimist International Foundation for youth programs, from our club, and \$5.00 goes back to our club for our youth programs.

The prizes each week are: \$500, \$250, \$100, \$75, \$50, \$25, \$10. It is a lot of fun to root for teams you might otherwise not care about, and the cost is only a little over \$1 per week. What a great opportunity to support the Club and have a chance to win cash on a weekly basis. Please e-mail, call, or get tickets directly from Rick Thomas.

DATES	Location	Speaker	Topic	Lunch
<i>July 5th</i>	Babes	TBD	TBD	Teriyaki Chicken Sandwich or Oriental Chicken Salad
<i>July 12th</i>	Babes	TBD	TBD	Steak Pita Wrap or Veggie Salad
<i>July 19th</i>	Babes	Vince Sweeney , Senior Associate Athletic Director of the Badgers	Badger Athletics	Fish Sandwich or Cajun Fried Chicken Salad
<i>July 26th</i>	<u>CANCELLED</u>	(see below and pages 7 & 8)	Service Club Olympics on July 24th – 25th	NA

Service Club Olympics, July 24th – 25th

The Madison Area Service Club Olympics will be **Monday July 24th & Tuesday July 25th**. There are a number of events to participate in including bowling, pool, 5K run, biking, volleyball, board/card games, horseshoes, tennis, ping-pong, and racquetball. **HELP WANTED:**

The Sauk Trails Optimist Club is seeking fun-loving participants for the Service Club Olympics. Many events still have openings for players, from board games to athletic events and casual games like bocce, pool and horseshoes. Please see the list at the end of the newsletter and let Greg Hermus or Rick Thomas know which events you would like to participate in. It's a great time every year and a fun way to get better acquainted with your fellow Optimists and members of other service clubs in the Madison area.

Tuesday evening there will be a dinner and awards ceremony at Cherokee Country Club. The evening ends around 7:30 with the presentation of the Olympian of the Year Award. This is recognition to an active member of the community for a lifetime of volunteer service.

Let's win first place again this year!!!

Greg Hermus, Pool Event Chair and Club Representative

UW Children's Hospital Meal Serving

On Sunday, June 18 Sauk Trails Optimist Club served meals to approximately 75 people who are undergoing treatment or whose children are undergoing treatment at UW Children's Hospital. This is the third time our Club has served the meals. It is wonderful to have the opportunity to serve a hot meal to people who are staying at the hospital and they are always very appreciative.

Downtown Madison Club Invites Sauk Trails to Mallard's Game & Tail Gate

June 22nd there were 4 Optimists and one son who attended a tailgate party and a Mallard's Game. It was fun to visit with other optimists even if the Mallard's lost that evening, 5 – 3.

RESPECT for LAW, June 7th , 2006

The Sauk Trails Optimist Club honored 2 outstanding Madison Police Officers on June 7th at a lunch. The officers were:

Officer David Wilcox - Allied Drive Officer
Officer Timothy Harder - Memorial HS, in summer on Allied Drive

Lt. Victor Wahl, City of Madison Police Department, commented on the duties and responsibilities of these two fine officers, the Optimists present asked them questions, and they were both presented with an individual plaque and checks. Both officers have challenging assignments in their responsible areas and both handle it with professionalism and dignity. THANKS again to the entire police department for all they do for Madison.

Thanks again to Optimist Steve Bailey for coordinating this annual event.



Lt. Victor Wahl and Officer Tim Harder (Madison Police), Rick Thomas (Club President). (Officer David Wilcox, the other honoree, had to leave earlier).

Happy Birthday

Laurie Irwin	7/5
Dale Kalscheur	7/6
John Scherer	7/6
Joseph Marty	7/10
Alison Scherer	7/14
Lori Davis	7/18
Barb Mulhany	7/28

REMINDER:

STOC Articles for August 2006 Newsletter are due to Bonnie Spindler bspindler@charter.net by July 28th , 2006

The JOOIFul Spartan

Spartan Youth Service's Monthly Newsletter

A letter from the Presidents:

Hello! The past year has been a fabulous one for Spartan Youth Service! We have continued with many projects from previous years such as Oakwood and Special Olympics. As well as finding new projects such as a Game Night at Middleton Village and working closely with the new club at Jefferson. As the co-Presidents for next year we are looking forward to enhancing the number of projects we run and the communication within the club. Throughout the year we have had much communication with the Sauk Trails Optimists It takes a lot of people to help keep a club running and we are very grateful for all the help the Optimists give us; we couldn't do it with out you! We are looking forward to next year and all the wonderful opportunities we will have!

Be JOOI-Ful,
Holly DeWerd and Suvai Gunasekaran
 Spartan Youth Service co-Presidents



This summer 13 members from Spartan Youth Service will be going to Nashville, Tennessee for the national conference. From July 5-9th they will busy with the adventure of their life. They will learn how to become a successful leader, help plan for next years club, sightsee in the music capital of the world, and so much more that will carry with them throughout their years.

We are very excited for those who will be presenting a workshop.

- 1) Kristen Fox along with Sauk Trails Optimist Steve Bailey will be presenting Point of Order, a workshop explaining Roberts Rules of Order, Parliamentary Procedure, and the reasons for its use in clubs today.
- 2) Carole Klopp and Mary Schwartz, our advisors from the Sauk Trails Optimists will be presenting a workshop for other advisors. Calling All Advisors: Let's Chat is about the roles that advisors have in JOOI clubs and the different issues they may face.
- 3) Service Begins At Home is the last workshop we will be presenting. Holly DeWerd and Suvai Gunasekaran will be presenting on a project that links High Schools and Elementary Schools with volunteering.

We are all very excited for this trip and we wouldn't be able to attend if it wasn't for the Sauk Trails Optimists club and their generous donations! Thank you!

FUN FACTS

Q.After drinking a cup of locally produced coffee in Nashville, which U.S. president coined the phrase "good to the last drop!"?
 A.Theodore Roosevelt.

Q.What was the original name of the Grand Ole Opry?
 A.The WSM Barn Dance.

Tennessee's State Nickname: The Volunteer State

The Country Music Hall of Fame is a 37 million dollar structure that spans an entire block of downtown Nashville.

Sauk Trails Optimist Club, Ltd. - Membership Roster July 2006 (Updates in RED)

Name	Company	Work No.	Home No.	Fax No.	E-Mail Address
Wade Anunson	Anunson Chiropractic - NEW	829-2250	278-2950	829-2251	dranunson@sbcglobal.net
BJ Bailey					Mrfuel4@yahoo.com
Steve Bailey	Crown Dental Laboratory	271-5537	238-8535	271-1657	Sbailey100@aol.com
Tim Belter	Johnson Bank	240-1890	455-1145	240-1870	tbelter@johnsonbank.com
Scott Bodley	Self Employed	702-387-2335	288-8796	217-1873©	seavan4@hotmail.com
David Braun	M&I Bank	231-5656	217-2182		David.braun@micorp.com
Kevin Campos	Keller Williams Realty	235-1030	846-2997	443-1919	Kevin@kevincampos.com
Kristi Campos	Distinctive Dentistry & Facial Aesthetics	836-1422	846-2997		klmilton@hotmail.com
Rick Conne	H & R Block	829-8206	833-3793		rconne@hrblock.com
Lori (Handel) Davis			848-9673		lhandel@tds.net
Jerry Edgar, Jr	SWIS Lt. Gov, Zone 6, 2005-2006	222-7600	837-6731		jerry_edgarjr@us.aflac.com
Sandra Fischer	Wegner, LLP CPAs & Consulting	442-1920	437-8448	274-3361	Sandy.fischer@wegnercpas.com
Brian Fisher	DELETE	252-5901	850-4368	283-5713	Brian.fisher@micorp.com
Carrie Fluhr	Wisconsin Community Bank	298-1743	219-3551	298-1710	Cfluhr@thewcb.com
Daniel Gibson	SVA Planners	826-2322	836-4714		Gibsond@sva.com
Peter Graven	Independent Bank	835-9961	276-5912		petegraven@inbank.com
Mike Gustafson	Suby Von Haden	826-2292	831-6914	831-4243	gustafsonm@sva.com
Gregory Hermus	Morgan Stanley	829-4341	845-3820		Ghbadger@charter.net
Donald Higgins	Higgins Insurance Group	274-4200	824-0914	274-4210	Don@hhig.net
Ricki Hoefler	Edward Jones	831-0988	833-6268		Philricki@aol.com
Jared Holthe	Badger Chiropractic	848-2638	848-2638		Holthe_s@yahoo.com
Sheri Holthe	Badger Chiropractic	848-2638	848-2638		Holthe_s@yahoo.com
Laurie Irwin	E-Mail UPDATE		233-0543		L_irwin@sbcglobal.net
Kathy Johnson	Risk Management Strategies, LLC	663-9032	663-9032	206-666-6435	Kljohnson@charter.net
Jim&Dee Judd	Retired		833-2622		juddj@thevillages.net
Jason Kadow	Meicher CPA	238-1970 X310	827-6707		Jasonk@meichercpa.com
Dale Kalscheur	The Neckerman Agency	238-2686	437-4470	238-7798	D_kalscheur@neckerman.com
Carole Klopp	Education Consultant	833-9620	833-4561		klopp@chorus.net
Chuck Koehler	Koehler & Associates	838-7133	838-7133		Koehler01@charter.net
Gail Koehler	Attic Angels Retirement Center		838-7133		Koehler01@charter.net
Mark Kraemer	Park Bank	663-1105	848-6899	663-1101	mkraemer@parkbank.com
Joseph Marty	Wells Fargo	643-9524©	831-4799		khmarty@chorus.net
Todd McMillin	SWIS Governor, 2005 – 2006	866-304-6898	608-756-9978		tmcmillin@charter.net
Brinda Mecham	Crown Dental Laboratory	271-5537			Brstratton@aol.com
Michael Milia	Advantage Real Estate (Cell Update)	441-7761	235-3102(cell)	441-8471	mmilia@tds.net
Bill Monkemeyer	United Way (NEW)	246-4351	848-4871	246-4369	whamnjam@tds.net
Barb (Dwyer) Mulcahy	Independent Bank	848-7247	513-6965	845-6728	barbaramulcahy@inbank.com
Tony Nagin, Jr.	Badger Tax & Acct Services	833-1700	238-5335	826-0201	tony@badgertax.com
Kelly Piper	Boumatic	224-2944	237-1383		kellypiper@charter.net
Janine Richgels	US Bank, N.A., Pvt Bank Associate	252-4110	241-5714	252-7652	Janine_richgels@usbank.com
Diane Riley	Associated Bank	259-4204	643-0821		diane.riley@associatedbank.com
Alison Scherer	WI Dept of Ag, Trade & Cons. Protection.	224-4761	836-0151		schererai@hotmail.com
John Scherer	Trinity Financial Planning	829-1010	836-0151	233-7161	John@trinfin.com
Lisa Schluesche	Associated Bank	259-2052	513-8590		Lisa.Schluesche@Associatedbank.com
Ray Schmitz	Retired		233-3786		jschmitz@chorus.net
Phil Schrabeck	AMCORE Bank	821-1918	345-9756		pschrabeck@amcore.com
Mary Schwartz	Waddell & Reed	442-1500	437-2233	442-6490	Mnorrb@aol.com
Jacci See	First Weber Group	828-5105	827-6326	836-3102	Seej@firstweber.com
Bonnie Spindler	Semi-Retired, Computer Trainer	833-7244	833-7244		Blspindler@charter.net
Gene Spindler	Retired)		833-7244		genespindler@charter.net
Christina Smith-Wilkie	Associated Bank	833-1444	827-0022		Christina.SmithWilkie@Associatedbank.com
Jill Thomas	First Business Bank	232-5924	850-4250	232-5920	jthomas@fbmadison.com
Rick Thomas	Keller Williams Realty	212-7582	274-0528		jathoma2@wise.edu
Jennifer Tiedemann	DELETE	845-6367	845-6367		rtiedemann@tds.net
Rick Tiedemann	DELETE	829-2882	845-6367		rtiedemann@tds.net
Amy Tripp					No E-Mail
Bob Wortinger	Kiesling Associates	664-9110	829-3926	273-2383	Rwortinger@kiesling.com

Madison Area Service Club Olympics Sauk Trails Optimist Club

Monday July 24th

Eight Ball Pool (Green Room- 6:00PM)

1. Greg Hermus
2. Mark Kraemer

3. _____
4. _____

Bowling (Schwoegler Park Towne Lanes – 6:00PM)

1. Gene Spindler
2. Brinda Mecham
3. Barb Mulcahy
4. B.J. Bailey

5. Janine Richgels
6. Carrie Fluhr
7. Pete Graven
8. _____

Tuesday July 25th

5K Run (Cherokee Country Club-7:00AM)

1. David Braun
2. Sandra Fischer
3. Lisa Schluesche
4. Pete Graven

5. Jill Thomas
6. Dale Kalscheur
7. _____
8. _____

Volleyball (Pooley's-7:30AM)

1. Barb Mulcahy
2. Mark Kraemer
3. John Scherer
4. Dale Kalscheur

5. Lori (Handel) Davis
6. _____
7. _____

Biking (Windsor Park-9:30AM)

1. Christina Smith Wilke
2. Pete Graven

Golf (The Bridges-7:30AM) - Scramble Format

1. Dan Gibson
2. Mike Gustafson
3. Wade Anunson
4. _____

Ping Pong (Cherokee Country Club-9:00AM)

1. Greg Hermus or Gene Spindler if Greg to VBall
2. Rick Thomas

Swimming (Cherokee Country Club-11:00AM to 1:00PM)

1. Greg Hermus
2. Rick Thomas
3. Wade Anunson
4. _____

Bocce (Cherokee Country Club-1:30PM)

- Team #1
1. Barb Mulcahy
 3. Kathy Johnson

Team #2

2. Chuck Koehler
4. _____

Team #3

3. Pete Graven
6. Sandra Fischer

Racquetball (Cherokee Country Club-1:30PM)

1. Rick Thomas
2. Dan Gibson

Tennis (Cherokee Country Club-1:00PM)

1. Jim Judd
2. Tim Belter

Horseshoes (Cherokee Country Club-1:30PM)

1. Wade Anunson
2. Kevin Campos

Euchre (Cherokee Country Club-1:30PM) Team #1

1. Bonnie Spindler

2. Dee Judd

Team #2

3. Ray Schmitz

4. Tony Nagen

Cribbage (Cherokee Country Club-1:30PM)

1. Dale Kalscheur

2. Phil Schrabeck

Scrabble (Cherokee Country Club-1:30PM)

1. Gail Koehler

Backgammon (Cherokee Country Club-1:30PM)

1. _____

Bridge (Cherokee Country Club-1:30PM)

1. Gene Spindler

2. Carole Klopp

Checkers (Cherokee Country Club-1:30PM)

1. _____

Afternoon Events (Agility Course, Darts, Casting at Cherokee Country Club) & Dinner. Events run from 1:00PM to 4:00 PM. Cocktails at Cherokee at 4:00PM and dinner & awards at 5:00PM.

<u>Events</u>	<u>Dinner</u>	<u>Number</u>
1. <u>Chuck & Gail Koehler</u>	Yes	<u>2</u>
2. <u>Gene & Bonnie Spindler</u>	Yes	<u>2</u>
3. <u>Greg Hermus</u>	Yes	<u>1</u>
4. <u>Jim & Dee Judd</u>	Yes	<u>2</u>
5. <u>Rick Thomas</u>	Yes	<u>1</u>
6. <u>Tim Belter</u>	Yes	<u>1</u>
7. <u>Kathy Johnson</u>	Yes	<u>1</u>
8. <u>Ray Schmitz</u>	Yes	<u>1</u>
9. <u>Steve Bailey</u>	Yes	<u>1</u>
10. <u>B.J. Bailey</u>	Yes	<u>1</u>
11. <u>Brinda Mecham</u>	Yes	<u>1</u>
12. <u>Ricki & Phil Hoefler</u>	Yes	<u>2</u>
13. <u>Wade & Heather Anunson</u>	Yes	<u>2</u>
14. <u>Kevin & Kristi Campos</u>	Yes	<u>2</u>
15. <u>Lori & Brian Davis</u>	Yes	<u>2</u>
16. <u>John & Alison Scherer</u>	Yes	<u>2</u>

The Optimist Creed

Promise yourself

To be so strong that nothing can disturb your peace of mind.

To talk health, happiness and prosperity to every person you meet.

To make all you friends feel that there is something in them.

To look at the sunny side of everything and make your optimism come true.

To think only of the best, to work only for the best and expect only the best.

To be just as enthusiastic about the success of others as you are about your own.

To forget the mistakes of the past and press on to the greater achievements of the future.

To wear a cheerful countenance at all times and give every living creature you meet a smile.

To give so much time to the improvement of yourself that you have no time to criticize others.

To be too large for worry, too noble for anger, too strong for fear, and too happy to permit the presence of trouble.