

Sauk Trails Optimist Club, Ltd.

"Where Every Kid Counts"

The New Year is here and many of you have made your annual New Years Resolutions. You know those good intentions that we all want to make and keep to change and improve our lives. For most of us this is just an annual ritual that we do with good intentions, but for some of us it is real and by making real change we improve our lives for the years ahead. Which one are you? I have been fortunate over the years to learn from many very successful sales and personal trainers but my favorite has been Bob Dunwoody. He has spent many years studying successful people. Bob makes life very simple to understand.

Take 10 minutes and write down everything you want to accomplish in your life,(be, do or have). I mean everything and open your self up to all possibilities. Then identify the three or four things to which you are committed. Spend the rest of you life focusing on your commitments.

My commitments are:

1. Being the best father and husband I can be
2. Never worrying about money again
3. Making a difference in the world

As Optimist's we must all have number # 3 in our life somewhere.

I challenge you to take 10 minutes to discover what your life is all about and then go do it.

Thanks again for you support and lets make 2004 a year to remember for Sauk Trails Optimist.

Happy New Year.

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January & February 2004

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Sauk Trails Optimist Board Minutes
R.W. Baird and Company Office
January 12th, 2004



Members in Attendance:

President: Rick Tiedmann

Vice President: Greg Hermus

Board Members:

Meeting started at 5pm

Approved Sec/Treas. Report

Discussed Scholarship status - Greg Hermus talked about the letters that will be going out and modifications that he and his committee want to make.

Future planning for the year was discussed: Skate with the Badgers, Fund raiser ideas, upcoming events.

The board talked about the success of the Progressive Dinner and hope to plan other social events possibly in April after tax time.

The issue of moving the board meetings was discussed and Kevin Campos was looking into an alternative sight.

Meeting was adjourned at 5:45

Next meeting in Feb. 9th location is to be determined.

Koeze Nut Sale Fundraiser Update

The Koeze Nut Sale fundraiser for 2003 was a great success! Thanks to a last minute order of over \$500 from Wayne and Laura Wilson, we have sold our entire product inventory and we have a profit of just over \$1500.00. Congratulations on a job well done!

Congratulations to Kathy Johnson who sold over \$1600 (her best ever!) and led the sales effort for the fifth year in a row! Close behind was St. Raymond at \$1062. In addition to the large order from the Wilson's, four Optimists sold over \$400 worth of product each - Mr. Optimist (Steve Bailey), new member Jill Thomas, Jacci See and "moi", your crazy nut lady.

Six other club members sold over \$100 worth of product each. Thanks to all of you who worked hard to make this fund-raiser a great success. Your efforts will allow us to do more good in the community in the coming year. Special thanks to Gene and Bonnie Spindler for co-chairing, and to Accurate Business Services for allowing us to use their dock for delivery.

Cheryl Vickroy

**Sauk Trails Optimist Club Sauk Trails
Speaker/Event Agenda 2002**

Optimist Weekly Meeting held at Babe's from 11:45-12:45pm.

Please contact Andy Lochner for further details

Please enter through the backdoor, it is unlocked for the meetings

Date	Place	Speaker/Event	Topic/Focus	Menu for Weekly Meeting
January 7	Babes	Foreign Exchange Students	Memorial High School	Chicken Pita Wrap or Beef Taco Salad
January 14	Babes	Matt Anderson	Motivational Speaker – “Brilliant Beyond Measure”	Grilled Cheese or Grilled Chicken Salad
January 21	Babes	Student of the Month	Student of the Month	California Club Sandwich or Oriental Chicken Salad
January 28	Babes	To be announced	To be announced	French Dip or Veggie Salad
February 4	Babes	Foreign Exchange Students	Memorial High School	Fish Sandwich or Chicken Caesar Salad
February 11	Babes	Richard Pomo	Wisconsin Council for the Blind	Rueben or Cajun Fried Chicken Salad
February 18	Babes	Student of the Month	Student of the Month	Pork Salad or Cobb Salad
February 25	Babes	Dr. John Bonsett-Veal	Innovations in the eye industry	Tuna Filet Sandwich or Chicken Taco Salad
March 3	Babes	Foreign Exchange Students	Memorial High School	Chicken Sandwich or Grilled Chicken Salad

Mark Your Calendar

Feb 6-7 ~ SWIS District Conference

Feb 17th ~ JOOI Valentine's Party

March 13th ~ Tri-Star Basketball Tournament

**BIRTHDAYS FOR
JANUARY & FEBRUARY**

Kathy Johnson - January 2nd
Phillip Schrabek - January 3rd
Gregory Hermus - January 6th
Cheryl Vickroy - January 15th
Edward Wortal - January 21st
Jill Thomas - January 28th
Brian Fisher - January 30th
Sandy Southard - February 1st

SWIS District News 2004

If you're in a leadership position with the club, try to attend one of the quarterly conferences to meet the people and learn more about the various Optimist programs. The conferences in 2004 are:

February 6 th - 7 th	Oconomowoc
May 7 th - 8 th	Wisconsin Dells
August 6 th - 7 th	Racine

There is an OI Mail Website available to all club officers. I will be doing some training on how to access it and what is available at that site on February 7th at the conference in Oconomowoc.

The SWIS Website has been updated with all the new officers for 2003-4 and a lot of other information. That information is available at: www.swisdistrict.org

[The SWIS 2nd Quarter News & Conference information will be made available to ALL Optimists in early January 2004. Watch for the e-mail of the 'links' to acquire the information of what is happening in the Southern Wisconsin > SWIS District.](#)

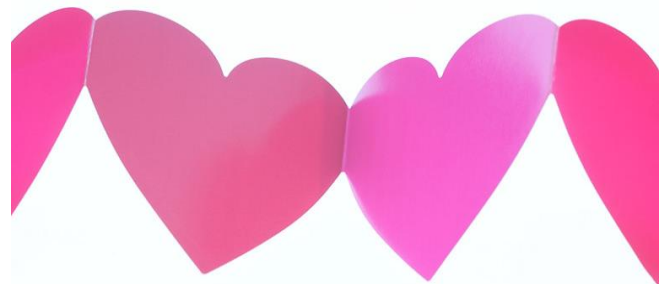
If you have any questions about the SWIS Conferences, contact Rick Tiedemann, President or myself.

Bonnie Spindler
SWIS Bulletin Editor (2002-2004)

JOOI CORNER

On February 17th, the JOOI club will host a Valentine's Day party for Tabor Oaks residents at Oakwood.

Mary Norrbom



Tri-Star Basketball Tournament

The 2004 Tri-Star Basketball Tournament will be held at the Bishop O'Connor Catholic Pastoral Center gymnasium on Saturday, March 13 from 1:00 to 3:00 p.m. We will need 12 volunteers to run the event. Volunteers should arrive at 12:30 and plan on being out of the gymnasium just minutes after 3:00. Those who helped in prior years enjoyed their time at the event. You do not need to know anything about basketball in order to help. Printed instructions are provided for each of the three stations where kids run through shooting, dribbling and passing drills. We could use help in acquiring basketballs of the appropriate size for 8-year-olds through 13-year-olds. We need three balls of each size. We will also need 3 large practice cones. If you are able to help by volunteering or supplying needed materials, please contact Greg Hermus at 845-3820 or sign up at one of the upcoming noon lunches.

Greg Hermus

Sauk Trails Optimist Club, Ltd. - Membership Roster January/February 2004

Name	Company	Work No.	Home No.	Fax No.	E-Mail Address
BJ Bailey					Mrfuel4@yahoo.com
Steve Bailey	Crown Dental Laboratory	271-5537	238-8535	271-1657	Sbailey100@aol.com
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C/O Rick Tiedemann
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The Optimist Creed

Promise yourself

- To be so strong that nothing can disturb your peace of mind.
- To talk health, happiness and prosperity to every person you meet.
- To make all you friends feel that there is something in them.
- To look at the sunny side of everything and make your optimism come true.
- To think only of the best, to work only for the best and expect only the best.
- To be just as enthusiastic about the success of others as you are about your own.
- To forget the mistakes of the past and press on to the greater achievements of the future.
- To wear a cheerful countenance at all times and give every living creature you meet a smile.
- To give so much time to the improvement of yourself that you have no time to criticize others.
- To be too large for worry, too noble for anger, too strong for fear, and too happy to permit the presence of trouble.