



Pathways



Sauk Trails Optimist Club 2005-2006



Meet Weekly for Lunch at
Babe's on Schroeder Road,
Madison from 11:45 – 12:45.
(Please enter the front door.)

April 2006

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Fellow Sauk Trails Optimists:

April is the true start of spring in Wisconsin. The golf courses open, tulips bloom, and I take the boat out for a spin. It is also a time to think about how we can add new life to our Optimist Club. Try to attend at least one meeting in April, and think of one guest you could bring along. If we each brought a guest, we could easily increase the vitality of our club.

We also have many upcoming events to get involved with.

- ✓ **May 3** is our annual fundraiser at the Dry Bean. Bring a guest to our informal happy hour silent auction. It will be a great opportunity to catch up with old friends, and to help raise funds for our Youth and Community Fund.
- ✓ **May 6** is the Special Olympics Track Meet at Oregon High School, our biggest event of the year.
- ✓ **May 13** we will be planting flowers and straightening up the gardens at the UW Children's Hospital.

Please see the articles in the newsletter to see how you can help with these events.

Spring is a busy time in our club and in all of our lives. Take a few minutes to just sit and enjoy the sound of birds singing and children playing outside. Bring new life to our club and to your life.

Rick Thomas, President
Sauk Trails Optimist Club 2005-2006

Special Olympics Track and Field

Our **biggest event of the year**, the **Special Olympics Track and Field competition, May 6th from 9-4** at the Oregon High School Track. We need as many volunteers as possible to help with the event. This is one of the most rewarding events you take part in, and we look forward to seeing you there. Sign up at a weekly lunch meeting, by e-mail at: thomas@kw.com, or call Rick Thomas at 212-7582

**Sauk Trails Optimist Club – STOC
Board Minutes, Wisconsin
Community Bank. 3/14/2006**

Members in Attendance:

President: Rick Thomas
Board Members Before Meeting By Phone:
Gene Spindler, Kevin Campos, Barb
Mulcahy, Sandy Fisher



President, Rick Thomas, started at 4:30 pm, *(By himself, with input previously on phone from board members).*

- ✓ Approval of minutes and financials were waived due to a lack of attendance.
- ✓ -Change of location was discussed. E-mail was sent to board members discussing possible new locations.
- ✓ -Spring fundraiser was discussed. May 3, \$10 at door, public welcome.
- ✓ -Special Olympics Track meet, we'll call members in April.
- ✓ -Childhood Cancer programs-We will look at new events at our next board meeting.

The meeting was adjourned at 4:45 pm. *(Next meeting in Rick's office, directions will be coming to board members).*

Rick Thomas, President

The **Sauk Trails Board meets the 2nd Tuesday of each month at 4:30.** Each board member should put these dates on their calendar: **April 11th, 2006;**
May 9th; June 13th; July 11th; August 8th; September 12th.

SWIS – Southern Wisconsin Conferences

All officers should put these 2006 dates on their calendar.

- ✓ April 28 – 29th Racine Marriott
- ✓ August 4 – 5th Holiday Inn, Madison West

**Sauk Trails
Club Officers
05-06**

President
Rick Thomas

Secretary/Treasurer
Gene Spindler

Past President
Tim Belter

Vice Presidents
Greg Hermus
Pete Graven
Kevin Campos

Board of Directors
Sandy Fischer
Barb Mulcahy
Bob Wortinger
Mike Milia
Jason Kadow
Jill Thomas

2006-2007 Officers and Board Members Wanted

Become part of the Board of Directors of the Sauk Trails Optimist Club. Help shape the direction you want the club to go. You know you want to do it! We currently meet the 2nd Tuesday of each month for one hour. Please contact Rick Thomas at 212-7582 or thomas@kw.com.

The election of the new and continuing board will occur May 10th or 17th for the board starting Oct. 2006. *(Report of new 2006-7 officers needs to go to Optimist International by May 20th, 2006).*

Check out the new SWIS Website at: www.swisdistrict.org. This website has been redesigned and was made available the beginning of February 2006. Find out more about your SWIS organization.....

April 2006 Schedule:

- Apr 4th Tu JOOI Group needs drivers.
- Apr 5th 11:45, lunch Babe's
- Apr 12th 11:45, lunch Babe's
- Apr 19th 11:45, lunch Babe's
- Apr 22nd Sat JOOI Group needs drivers.
- Apr 22nd Sat. UW Band Concert, *(tickets ordered earlier)*
- Apr 26th 11:45, lunch Babe's
- Apr 29th Sat SWIS Conference
- May 3rd Lunch CANCELLED at Babe's
- May 3rd Annual Silent Auction, 6–8 PM *(Fundraiser, Dry Bean, article)*
- May 6th Special Olympics Track
- May 13th Sat. Optimist in Action >>>>>>
- May 10th Respect for Law
- May 24th Scholarship Recognition
- June 18th Sun., meals UW Hospital (tent)
- Jul 24-25 Service Club Olympics (tent)

Other events and activities will be scheduled and/or rescheduled by Sauk Trails Board.



Spring is Sprouting at UW Children's Hospital

Join us for **Optimists in action day on Saturday, May 13th** as we plant flowers and clean up the garden area of the UW Children's Hospital. Help beautify the gardens and give the children a beautiful place to relax and forget about being in the hospital. We will be working from 1-4pm. Sign up at a lunch meeting, by phone at 212-7582, or by e-mail at: thomas@kw.com.

2006 Sauk Trails Optimist Club Benefit

The Sauk Trails Optimist Club is once again conducting a spring benefit for our Youth and Community Fund. This year's goal is to raise funds to help establish our Childhood Cancer Campaign with UW Children's Hospital. It also goes toward providing scholarships for students who perform community service throughout their high school careers, along with numerous other programs that benefit youth in our community.

We are having the event **May 3 at the Dry Bean on Verona Rd.** The event will run from 6-8pm. with the band **Buzz Meade** playing at 8pm. Admission to the event will be \$10, and will include an appetizer bar and admission to the silent auction. Past auctions have included many gift certificates from local businesses along with Packer and Badger autographed items. If you have any questions, or would like to donate an auction item, please contact Rick Thomas at 212-7582 or thomas@kw.com.

DATES	Location	Speaker	Topic	Lunch
April 5th	Babe's	Nicole Schultz from Hospice	Caring for loved ones in need of Hospice care	Club Sandwich or Raspberry Chicken Salad
April 12th	Babe's	Ann Fleischly on affordable health care	Affordable health care available.	Turkey & Swiss or Chicken Caesar Salad
April 19th	Babes	Student of the Month	Student for April Shares with Club	Grilled Cheese or Beef Taco Salad
April 26th	Babes	TBA	TBA	BLT or Cobb Salad
May 3rd	Babes	CANCELLED	Instead: Dry Bean, Silent Auction Fundraiser, 6-8 PM	NA
May 10th	Babes	Police / firemen	Respect for Law	Chicken Pita Wrap or Veggie Salad
May 17th	Babes	Student of the Month	Student for May Shares with Club	French Dip or Cajun Chicken Salad
May 24th	Babes	Scholarship Recipient	Present Scholarship to deserving students	Blackened Salmon Sandwich or Chicken Taco Salad
May 31st	Babes	Bill DiCarlo from Alliant Energy	Alliant Energy information	Turkey Asparagus Melt or Spinach Salad

JOOI Club Volunteer Opportunities

Support the JOOI Club- Spartan Youth Service Team at Memorial High School.

- ✓ Join the JOOI club on **April 4th** (Tu) as they sponsor the first SPIRIT day at Memorial High School. They are in need of drivers to get the students to and from volunteer activities.
- ✓ Join the JOOI club on **April 22nd** (Sat) as they work on the Ice Age Trail in Verona. They are in need of drivers and volunteers to help with the project.

Please contact Rick Thomas at 212-7582 or thomas@kw.com for further details.

Micah Herstand receives Student of the Month

Sauk Trails HONORED the Following Students

Annie Wilcox	Student of Month for October
Brigitte Knoll	Student of Month for November
Eric Bent	Student of Month for December
Tenzin Dhanze	Student of Month for January
Micah Herstand	Student of Month for Feb& March

Micah, a senior, has been an active member of the Spartan Youth Service Team/JOOI Club for the past 2 years. He is currently on the board of directors and serves as the club webmaster. Micah has been working with another club member to get a JOOI club started at the Jefferson Middle School. He also has been the driving force behind JMMHS SPIRIT Day, a day Memorial students are devoting to performing community service.

Micah may attend Washington University in St. Louis, majoring in visual communications.

STUDENT of MONTH > SOM
SCHEDULED DATES:
Apr. 19th; May 17th.

Jim Judd WINS Tennis Award in Florida



Diane Riley, Student of Month Coordinator presenting to Micah on March 8th, 2006



Carole Klopp and Mary Schwartz, JOOI Co-coordinators are on either side of Micah and his mother Judith Herstand



The JOOIFul Spartan

Spartan Youth Service's monthly newsletter

A letter from the Presidents:

One of the major goals of Spartan Youth Service is to spread the spirit of volunteerism to others in our community. The month of March has been a wonderful example of our commitment to this cause. We have: worked at Jefferson Middle school to build a JOOI club; worked to develop SPIRIT, a community service day at Memorial; and we have worked very hard to prepare for "Service Begins At Home," our elementary school project. As presidents, we are very proud of every club member who has helped to spread JOOI this month.

This month's feature project is "Service Begins At Home." To participate in this project, a group of our members visited Chávez elementary school on March 27th and gave a presentation on service and volunteerism. The elementary students will spend the next two weeks doing "service" at home. The Spartan presenters will then return to complete an on-site project, award service certificates and celebrate the students' service with a party the week of April 9th. Spartan Youth Service has also received a request to present at Orchard Ridge elementary school. So, if you missed Chávez, you can still participate. Remember, no matter how you choose to do it, spreading JOOI throughout our community is a major (and exciting) goal!

Be JOOI-Ful,
Kristen Fox and Annie Wilcox
Spartan Youth Service co-Presidents

Committee News

SENIORS

Success! The Hollywood stars talent show was wonderful! With 8 acts and a few helpers, the show went off without a hitch. Club members have been doing a great job filling Oakwood visit spots. Lastly, look forward to Brat Fest shifts for the West Side Senior Coalition.

OPTIMISTS

The optimist committee is working to raise money to fulfill the Ronald McDonald house wish list, this will add to our partnership with them through the pop-top collection. Also, shifts will be available for Special Olympics track on Saturday, May 6th.

JEFFERSON

Presentations will continue as we spread JOOI to the 6th and 7th graders. Meetings will begin again Thursday, March 30. A puppy chow sale will take place April 13th and 14th to add to the Humane Society fund.

FUNDRAISING

Planning has started for Daffodil Days for the American Cancer Society. The sale will take place in early April or as soon as the flowers come in. Don't forget to send all your friends flowers!

COMMUNITY

Community is continuing work on the 10-k Project, which is a joint effort with students at the UW to encourage young people to do community service. If you are interested in helping, contact Annemarie Rodriguez.

SCHOOL

The Crestwood Caper went very well, attendance was good and our help was greatly appreciated. School clean up will be March 29th after the short meeting for elections. "Service Begins At Home" is still going on AND it's not too late to sign up for Orchard Ridge!

Sauk Trails Optimist Club, Ltd. - Membership Roster April 2006 (Updates in Red)

Name	Company	Work No.	Home No.	Fax No.	E-Mail Address
BJ Bailey					Mrfuel4@yahoo.com
Steve Bailey	Crown Dental Laboratory	271-5537	238-8535	271-1657	Sbailey100@aol.com
Tim Belter	Johnson Bank	240-1890	455-1145	240-1870	tbelter@johnsonbank.com
Scott Bodley	Self Employed	702-387-2335	288-8796	217-1873©	seavan4@hotmail.com
David Braun	M&I Bank	231-5656	217-2182		David.braun@micorp.com
Kevin Campos	Campos Financial Group	235-1030	846-2997	443-1919	Kevin@kevincampos.com
Kristi Campos	Distinctive Dentistry & Facial Aesthetics	836-1422	846-2997		klmilton@hotmail.com
Rick Conne	H & R Block	829-8206	833-3793		rconne@hrblock.com
Lori (Handel) Davis			848-9673		lhandel@tds.net
Jerry Edgar, Jr	SWIS Lt. Gov, Zone 6, 2005-2006	222-7600	837-6731		jerry_edgarjr@us.aflac.com
Sandra Fischer	Wegner, LLP CPAs & Consulting	442-1920	437-8448	274-3361	Sandy.fischer@wegnercpas.com
Brian Fisher	M & I Bank	252-5901	850-4368	283-5713	Brian.fisher@micorp.com
Carrie Fluhr	Wisconsin Community Bank	298-1743	219-3551	298-1710	Cfluhr@thewcb.com
Daniel Gibson	SVA Planners	826-2322	836-4714		Gibsond@sva.com
Peter Graven	Independent Bank	835-9961	276-5912		petegraven@inbank.com
Mike Gustafson	Suby Von Haden	826-2292	831-6914	831-4243	gustafsonm@sva.com
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Donald Higgins	Higgins Insurance Group	274-4200	824-0914	274-4210	Don@hhig.net
Ricki Hoefler	Edward Jones	831-0988	833-6268		Philricki@aol.com
Jared Holthe	Badger Chiropractic	848-2638	848-2638		Holthe_s@yahoo.com
Sheri Holthe	Badger Chiropractic	848-2638	848-2638		Holthe_s@yahoo.com
Laurie Irwin	Special Olympics, Wisconsin	221-2900	233-0543		lirwin@specialolympicswisconsin.org
Kathy Johnson	Risk Management Strategies, LLC	663-9032	663-9032	206-666-6435	Kljohnson@charter.net
Jim&Dee Judd	Retired		833-2622		juddi@thevillages.net
Jason Kadow	Meicher CPA	238-1970 x310	827-6707		Jasonk@meichercpa.com
Dale Kalscheur	The Neckerman Agency	238-2686	437-4470	238-7798	D_kalscheur@neckerman.com
Carole Klopp	Education Consultant	833-9620	833-4561	833-9619	klopp@chorus.net
Chuck Koehler	Koehler & Associates	838-7133	838-7133		Koehler01@charter.net
Gail Koehler	Attic Angels Retirement Center		838-7133		Koehler01@charter.net
Mark Kraemer	Park Bank	283-6810	848-6899	283-6823	mkraemer@parkbank.com
Joseph Marty	Wells Fargo	643-9524©	831-4799		khmarty@chorus.net
Todd McMillin	SWIS Governor, 2005 – 2006	866-304-6898	608-756-9978		tmcmillin@charter.net
Brinda Mecham	Crown Dental Laboratory	271-5537			Brstratton@aol.com
Michael Milia	Advantage Real Estate 235-1302(cell)	441-7761	235-3702	441-8471	mmilia@tds.net
Barb (Dwyer) Mulcahy	Independent Bank	848-7247	513-6965	845-6728	barbaramulcahy@inbank.com
Tony Nagin, Jr.	Badger Tax & Acct Services	278-1111	238-5335		tony@badgertax.com
Kelly Piper	Boumatic	224-2944	237-1383		kellypiper@charter.net
Janine Richgels	US Bank, N.A., Pvt Bank Associate	252-4110	241-5714	252-7652	Janine_richgels@usbank.com
Diane Riley	Associated Bank	259-4204	643-0821		Sue.riley@associatedbank.com
Alison Scherer	WI Dept of Ag, Trade & Cons. Protection.	224-4761	836-0151		schererai@hotmail.com
John Scherer	Trinity Financial Planning	829-1010	836-0151	233-7161	John@trinfin.com
Lisa Schluesche	Associated Bank	259-2052	441-9269		Lisa.Schluesche@Associatedbank.com
Ray Schmitz	Retired		233-3786		Jschmitz@chorus.net
Phil Schrabeck	AMCORE Bank	821-1918	821-0980		pschrabeck@amcore.com
Mary Schwartz	Waddell & Reed	442-1500	437-2233		Mnorrb@aol.com
Jacci See	First Weber Group	828-5105	827-6326	836-3102	Seej@firstweber.com
Bonnie Spindler	Semi-Retired, Computer Trainer	833-7244	833-7244		Blspindler@charter.net
Gene Spindler	Retired)		833-7244		genespindler@charter.net
Christina Smith-Wilkie	Associated Bank	833-1444	827-0222		Christina.SmithWilkie@Associatedbank.com
Jill Thomas	First Business Bank	232-5924	850-4250	232-5920	jthomas@fbmadison.com
Rick Thomas	Drycleaners Consultant	271-1088	274-0528		Jathoma2@facstaff.wisc.edu
Jennifer Tiedemann	Business Owner, Domestic Eng.	845-6367	845-6367		riedemann@tds.net
Rick Tiedemann	Morgan Stanley	829-2882	845-6367		riedemann@tds.net
Amy Tripp					No E-Mail
Bob Wortinger	Kiesling Associates	664-9110	829-3926	273-2383	Rwortinger@kiesling.com



Gregg
Hermus wins
SWIS
Conference
Training
Award



CONGRATULATIONS to the
KALSCHEUR FAMILY

Connor Kalscheur was born on Sat. March 18th, at 2:00 pm.

He weighted 8 pounds 2 oz and was 19 ½ inches long.

Everyone is doing fine.

Be sure and bring pictures to a lunch sometime Dale.

Happy Birthday

Jared Holthe	4/21
Peter Graven	4/25

REMINDER: STOC Articles for May 2006 Newsletter are due to Bonnie Spindler at blspindler@charter.net by April 28th, 2006

The Optimist Creed

Promise yourself

To be so strong that nothing can disturb your peace of mind.
To talk health, happiness and prosperity to every person you meet.
To make all you friends feel that there is something in them.
To look at the sunny side of everything and make your optimism come true.
To think only of the best, to work only for the best and expect only the best.
To be just as enthusiastic about the success of others as you are about your own.
To forget the mistakes of the past and press on to the greater achievements of the future.
To wear a cheerful countenance at all times and give every living creature you meet a smile.
To give so much time to the improvement of yourself that you have no time to criticize others.
To be too large for worry, too noble for anger, too strong for fear, and too happy to permit the presence of trouble.