



February 2007



Sauk Trails Optimist Club

February 2007



2006 - 2007

Meet Weekly for Lunch, Wednesday 11:45 – 12:45 at Babe’s on Schroeder Road.

Sauk Trails Optimists:

As you read this it is likely very cold outside and promising to get even colder (except for those lucky few who flew south for the winter!). What better time to recommit ourselves to share the warmth of our hearts with those around us, especially the children we have promised to help when we became members of this wonderful Optimist Club.

You have already seen in my Tuesday email that Rick Thomas is again leading by example, spearheading the drive to get three events restarted in our club. Rick has figured out a way to get a good participation level in Tri-Star Basketball through a basketball league with which he is affiliated. Almost everyone in our club should be able to free up time to help with one of these three events, so I will be asking Kelly Piper, Chair of our Membership Activation Committee, to assemble a team to contact everyone who can possibly help. We will be asking you to commit to one of these three events or as an advisor to one of six JOOI Club committees that need an advisor who can meet with them about once per month. Volunteering might mean making a few phone calls or typing up few event rules (from the Optimist International website), or maybe showing up to volunteer in person, whichever suits your time and talents. We will provide you information regarding what type of help is needed. Please find a way to live your Optimism by volunteering for one of these and making a difference through our club over the next couple months.

Now that we have filled our winter months with a few important events to help kids, hopefully time will fly and I'll be writing about spring before you know it. THANK YOU for all you do for the youth of the Madison area. It truly warms my heart to be a part of something so special!

Greg Hermus, Sauk Trails Optimist Club President 2006 - 2007

Bonnie Spindler, Newsletter Editor/Distributor
Phone: 833-7244
E-mail: blspindler@charter.net

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Spring 2007 Garage Sale
The Fundraiser, benefiting STOC Youth and Community Foundation, will be held on May 12th. (See page 4 of this February newsletter for details).

UW BOOTH FUNDRAISER
The UW Booth profited \$2,533.00 thanks to all the efforts of those who volunteered and especially to Steve Bailey, Coordinator. (The profits will be split between JOOI and Sauk Trails Optimist club).



Members in Attendance:

President: Greg Hermus
Past President: Rick Thomas
Vice President: Kevin Campos
Board Members: Diane Riley, Bob Wortinger, Bill Monkemeyer
Sec/Treasurer: Gene Spindler
Members Not Present: Barb Mulcahy, VP; Carole Klopp, Kathy Johnson, & Kelly Piper, Board Members.

**Sauk Trails Optimist Club STOC Board Minutes,
 Zimbrick Buick 01/09/2007**

**SWIS – Southern Wisconsin
 Conferences**

February 17th Madison,
(President and Sec/Treas only)
April 20th – 21st, Janesville
August 10th – 11th, Madison

(Training will be scheduled on Saturday at these conferences. As a board member, try to work the dates into your schedule to learn more about being an Optimist.)

The meeting was called to order at 4:37 pm.

The minutes of the December 12, 2006 Board Meeting were discussed. A motion was made, seconded and passed to approve the minutes of the December Board meeting.

The Financial Report through December 31, 2006 was presented to the Board. The Board discussed the information provided. A motion was made (Rick Thomas), seconded (Diane Riley) and passed to accept the Treasurer's Report.

The Board discussed the Calendar of Events to determine activities that could be added. The Oratorical Contest and Essay Contest were discussed and it was decided that we should attempt to be active with these two activities. Several Board members indicated that they would help with these activities, but that a Chairperson would be needed for each activity. Greg Hermus said that he would E-mail the Membership to solicit Chairpersons.

There was discussion of having an activity with the JOOI Club. It was decided to have a Pizza and Mini-Golf activity. A motion was made, seconded and passed to provide \$50 to support this activity.

Rick Thomas reported to the Board on JOOI Club activities including the Ice Age Trail work at the University Golf Course and the Alternative Gift fund program. Rick also reported that the JOOI Club would not be attending the International Convention in Montreal this summer, but instead would be doing something locally with other JOOI Clubs in the SWIS District.

Diane Riley, who will be the speaker coordinator beginning in March, reported that it was arranged to have two Mayor Candidates be speakers at the January 23rd meeting. It was also mentioned that we could have candidates for the Madison School Board speak so the Club could learn more about the candidates and their views on school programs and issues that effect their children. After a lengthy discussion, the Board unanimously decided that the Club will not have candidates for elected offices speak at luncheon meetings prior to elections, but we would be interested in hearing from them after the elections if they would like to inform us of relevant issues in our area.

The Club was informed that the lunch cost would be \$10 beginning January of 2007. After discussion a motion was made (Gene Spindler), seconded (Diane Riley) and passed to have the Club absorb the additional \$1 per meal for January through March while alternatives are being investigated.

The meeting adjourned at 5:40. The date, time and location for the next Board Meeting is set for 4:30, February 13th at Keller Williams, 2005 Beltline Highway.

Gene Spindler, Secretary/Treasurer 2006 - 2007

**Sauk Trails
 Club Officers
 2006-2007**

**President
 Greg Hermus**

**Secretary/Treasurer
 Gene Spindler**

**Past President
 Rick Thomas**

**Vice Presidents
 Barb Mulcahy
 Kevin Campos**

**Board of Directors
 Diane Riley
 Kelly Piper
 Bob Wortinger
 Bill Monkemeyer
 Carole Klopp
 Kathy Johnson**

**FUTURE BOARD
 Meetings, 4:30 PM
 at: Keller-Williams**

February 13th, 2007
 March 13th, 2007
 April 10th, 2007
 May 8th, 2007
 June 12th, 2007
 July 10th, 2007
 August 14th, 2007
 September 11th, 2007
 October 9th, 2007
 November 13th, 2007
 December 11th, 2007

February 2007 Schedule:

February 7th – Lunch Babe's, 11:45 am
 February 13th – 4:30 PM Board Mtg, Keller Williams
 February 14th – Lunch Babe's, 11:45 am
 February 21st – Lunch Babe's, 11:45 am
 (Essay's are Due)
 February 24th – JOOI Club Food Drive, 1-4 PM
 February 27th – Ronald McDonald House meal
 February 28th – Lunch Babe's, 11:45 am

The board can reschedule dates and activities.

Membership Activation Committee

We are looking for volunteers to join a new committee: the Membership Activation Committee. Our responsibilities will be to make about ten telephone calls every month or two. We will be communicating with members in order to increase participation in fundraising, volunteering and club social activities. Our goal is to get every member involved in at least one activity, which will make Sauk Trails Optimist Club more fun for all while improving our ability to serve the children of our community.

Please contact Kelly Piper at kellypiper@charter.net if you are interested. Thanks very much. Kelly Piper

LUNCH UPDATE for 2007:

Continuing in 2007: Choice of Salad
 OR a Sandwich. (*Sandwiches ONLY
 come with a choice of soup, fries, or fruit.*)

Student of the Month

2007 Dates Scheduled Feb 21st, March 21st, April
 18th, and May 16th.

DATES	Location	Speaker	Topic	Lunch
February 7th	Babes	Mary Schwartz	Presentation on trip to Europe	BLT or ½ Cobb Salad
February 14th	Babes	Laurie Irwin	Ronald McDonald House	Club Sandwich or Beef Taco Salad
February 21st	Babes	Student of the Month	February Student Presents	Turkey & Swiss or Cajun Fried Chicken Salad
February 28th	Babes	Speaker from United Way	United Way, programs for teens	BBQ Chicken Sandwich or ½ Chicken Caesar Salad
March 7th	Babes	Dominic Pulera, author	Author on Italian American history	Chicken Pita Wrap or Chicken Taco Salad
March 14th	Babes	TBA	American Red Cross	Club Wrap or Beef Taco Salad
March 21st	Babes	Student Day: Student of Month & Oratorical Present	March Student of Month & Oratorical Presentations	Cajun Chicken Sandwich or ½ Cobb Salad
March 28th	Babes	Paul Rusk	Alzheimer's Association:	Teriyaki Chicken Sandwich or ½ Chicken Caesar Salad

Optimist Sandy Fischer, Transferring to Dodgeville Optimist Club

I am sad to say, but I am writing to inform you that I am canceling my membership with the Sauk Trails Optimists. The reason is that I have resigned from my position here at Wegner LLP, CPAs & Consultants and will be going to work in Dodgeville as my husband's new partner in Esch Insurance Agency (our family business). My last day here at Wegner is January 26th. I will be starting at Esch Insurance on February 5th.

I have truly enjoyed being a member of the Sauk Trails Optimists and have met so many great people because of it! Because of location, I am going to transfer to the Dodgeville Optimist Club. **Sandy Fischer**

We'll miss you Sandy, thanks for everything you've done for the club. Stop by for lunch and to visit.

Sauk Trails Scheduled Activities, 2007

DATES	ACTIVITY > Mark Your Calendar
Wed. 02/21/2007 Essays are due. Wed. 02/28/2007 Winners announced.	ESSAY CONTEST: The Sauk Trails Optimist Club will be sponsoring an essay contest where the topic is, "I want to make a difference because..." Club winners go on to the Zone and District levels where a \$650 scholarship is given. If you know of any non-Optimist who would be willing to read and judge the essays please let Rick Thomas know at lunch or at: 212-7582 or jathoma2@wisc.edu . Please also let Rick know of any contacts you might have in the schools for promotion of this contest.
Sat. 02/24/2007	JOOI Club Food Drive: From 1 – 4 PM on Saturday, 2/24/07. 2-3 volunteers needed for this event.
Tues. 02/27/2007	Ronald McDonald House Meal: Meal served with JOOI kids, 1-2 volunteers needed on Tuesday, 02/27 - 4:30 – 6:00 PM.
Sat. 03/03/2007	Tri-Star Basketball: The Sauk Trails Optimist Club is going to once again host a Tri-Star basketball program on Saturday, March 3 rd at the MAC Center in Verona. This is a great program that enables youth in the 8-13 age groups to compete for an opportunity to go on to the District competition in Mukwonago. We will need around 12 volunteers to staff the various stations, register kids, and make the award presentations for this dribble, pass and shoot contest. If you are interested in volunteering to help with this program, please sign up at lunch or contact Rick Thomas at: 212-7582 or jathoma2@wisc.edu .
Wed. 03/21/2007 Presentation at lunch.	Oratorical Contest: The Sauk Trails Optimist Club will be hosting an oratorical contest in early March. We are currently looking for people to help organize the event and help at the event. The winners of our contest go on to the Zone and then the District competition. This year's topic, "My Biggest Challenge Is..." The District winner receives a \$1500 scholarship. Please sign up at lunch or contact Rick Thomas at: 212-7582 or jathoma2@wisc.edu
Tues. 03/27/2007	Ronald McDonald House Meal: Meal served with JOOI kids, 1-2 volunteers needed on Tuesday, 03/27 - 4:30 – 6:00 PM
Fri. 04/20/2007	Spring Fundraiser / Poker Tournament: JT Whitney's on Friday 04/20 at 6:00 PM for this annual fund raising event.
Sat. 04/21/2007	Gardner Park Cleanup: Clean-up park with JOOI kids during the day on Saturday. 5 – 6 volunteers needed.
Sat. 04/21/2007	UW Band Concert: For those Optimists who acquired tickets through Kathy Johnson for the 7:30 PM Concert. (We can grab a burger at The Coliseum Bar and take the bus from there (for about \$2/person). We'd meet at 5:30ish in order to be finished when the bus starts taking loads. If interested e-mail Kathy at: kjohnson@RMStrategies.net).
Sat. 04/21/2007	Oratorical District Conference: Winners at the Zone contest compete in Janesville on Saturday, 04/21.
Tues. 04/24/2007	Ronald McDonald House Meal: Meal served with JOOI kids, 1-2 volunteers needed on Tuesday 04/24 – 4:30 – 6:00 PM.
Thur. 04/26/2007	JOOI Induction Banquet: New JOOI Board is inducted and out-going board thanked for their service. All are welcome from 5:00 – 7:00 PM.
Mon. 04/30/2007	Memorial High School SPIRIT Day of Service: Everyone welcome to help. More details to come – watch this space!
Sat. 05/05/2007	Special Olympics Track and Field Meet: Many volunteers are needed at the Oregon High School Track for this annual Saturday event.
Sat. 05/12/2007	STOC Garage Sale: Fundraiser benefiting STOC Youth and Community Foundation. Start saving items now for the STOC garage sale, which will be held on Saturday, May 12 th . The sale will be held at Rick Thomas' house at 5914 Raymond Rd. Current plans have it also including a bake sale and other fundraising ideas. Watch for more details in upcoming newsletters. 3 – 4 Volunteers needed.
Tues. 05/22/2007	Ronald McDonald House Meal: Meal served with JOOI kids, 1-2 volunteers needed on Tuesday 05/22 – 4:30 – 6:00 PM.

Sauk Trails Progressive Dinner, Sunday, January 7th, 2007

The annual Sauk Trails Progressive Dinner was a huge success for the 27 who could come. Thanks to the Campos's (Appetizer's), Scherer's (Main / Salad), and Spindler's (Dessert), everyone had a great time. A couple of big hits that evening were a Sangria made by Kevin Campos and a Jambalaya, made by the Scherer's. Those recipes are below:

Kevin's Sangria

Carlo Rossi Sangria Wine (about 2 quarts)
7up (approx 10-12 oz) to taste
Assorted Fruit (depending on season)

I like to use apples, oranges, lemon, lime, pineapple
(light on the lemon and lime)

I let the wine and the fruit marinate together for a few hours before putting in the 7up and ice. Mix and enjoy.



JOHN'S JAMBALAYA

- | | | |
|-----|-----------|---|
| 1 | pound | Chicken breasts or thighs, cut in 1" cubes |
| 1 | pound | Smoked sausage – sliced (andouille is the best – it provides great spice - but any can be used) |
| 1 | pound | Shrimp -- cooked |
| 28 | ounces | Crushed tomatoes |
| 1 | | Onion -- chopped |
| 1 | | Green pepper -- chopped |
| 1 | cup | Chicken broth |
| 1/2 | cup | White wine |
| 2 | teaspoons | Oregano |
| 2 | teaspoons | Parsley |
| 1 | teaspoon | Cayenne pepper |
| 2 | cups | Rice -- cooked |



The first and most important direction to follow is to not follow this recipe exactly! The heart of Creole (like this recipe) and Cajun cooking is to use what meat you've got, add in plenty of vegetables, rice and spice, and make a work of art each time. That said, here are some good guidelines:

Cut chicken and slice sausage. Chop onion and green pepper. Put all in crock pot. Add remaining ingredients, except shrimp and rice**. Cook in crock-pot on low for 6-8 hours. 30 minutes before eating, add cooked shrimp and cooked rice; allow to heat. Can be cooked on high for 3-4 hours instead.

** This might be the only absolute requirement in the recipe. Cooking shrimp or rice too long in the crock-pot turns the shrimp to rubber and the rice to mush and generally makes the consistency unpleasant. Cook the shrimp and rice just enough, but not a minute longer!

January 2007 Speakers / Activities

SPECIAL THANKS to Barb Mulcahy and Ray Schmitz for coordinating the speakers with input from other optimists. Diane Riley will be continuing the coordination as Barb and Tim Mulcahy welcome their new little boy in February.

January 3rd: Each of the Optimists that were at lunch shared a little about themselves. It was interesting to hear about all the various professions, families, and enjoyable activities. We all ended up with a greater appreciation of each other.

January 10th: **Marilynn Lawler** (*Independent Living, 274-7900*) and **Claire Culbertson** (*Agency on Dane County Aging, 261-5679*) provided a tremendous amount of information on caring for aging parents and working with care givers. This was a very timely presentation for Optimists who are currently or have been in care giver roles. They also provided a lot of handout information on the various services available in the Dane County area.

January 17th: **Carrie Bernhardt** (257-3577) opened our eyes to the Hope House - , which is a home for young single mothers that opened in 2002. Most of the Optimists were not aware of this wonderful program and house, which is a 'grass roots' effort to help mothers and their babies. What another fantastic way to help youth.

January 24th: **Dr. Darryl Linder**, Chiropractor with Luedtke-Storm-Mackey Chiropractic Clinic shared his knowledge about many situations that occur in people's lives just by normal living patterns. His PowerPoint presentation, along with his handouts, provided information on: carpal tunnel; headaches; low-back pain; pregnancy care; foot problems; exercises; diet; and many other areas of our bodies. He provided handouts and cards. If you couldn't make the lunch and would like more information, contact:

Dr. Darryl Linder at 271-7323.

January 31st, Student of the Month

Madhuri Setaluri was chosen as the student of the month for January. Madhuri's father, Vijay, accompanied her to our meeting to receive her Student of the Month award. Madhuri is very involved in the community as well as maintains a 4.0 GPA. She has worked as volunteer in several capacities: in a soup kitchen; volunteered for AARF adoption fair; helped with surveys for an election; volunteered in a city wide clean up; and shelved books for the Middleton library.

Some of her extracurricular activities include the French Club, Key Club, Math Academic Team, Peer Tutoring, Spartan Youth Service, National Honor Society, Opinion Editor for the official high school paper and four years playing for Symphony Orchestra.

She has received awards from the National Junior Honor Society, French Honor Society, and Acceptance in Research Apprenticeship Program, Honor Roll (grades 9th and 10th) National Honor Society and National Merit Scholarship Semifinals. One of Madhuri's most recent achievements is being chosen for the National Presidential Scholarship, which is based on grades not service. She is one of the two picked from each state in a pool of 40 nominees. She has also been accepted to the University of Wisconsin.

Madhuri's current project is to help start a chapter for her brother's Optimist Club at Jefferson Middle School.

Congratulations on all your achievements!
Christina Smith-Wilkie, SOM Chairperson



Sauk Trails Optimist Club, Ltd. - Membership Roster February 2007 (Updates in RED)

Name	Company	Work No.	Home No.	Fax No.	E-Mail Address
Wade Anunson	Anunson Chiropractic	829-2250	278-2950	829-2251	dranunson@sbcglobal.net
BJ Bailey					Mrfuel4@yahoo.com
Steve Bailey	Crown Dental Laboratory	271-5537	238-8535	271-1657	Sbailey100@aol.com
Tim Belter	Johnson Bank	240-1890	455-1145	249-7830	tbelter@johnsonbank.com
David Braun	M&I Bank	836-2170	217-2182	836-2160	David.braun@micorp.com
Kevin Campos	Campos Financial/Keller Williams	235-1030	798-1099	443-1919	Camposfinancial@yahoo.com
Kristi Campos	Distinctive Dentistry & Facial Aesthetics	836-1422	798-1099		klmilton@hotmail.com
Rick Conne			833-3793		rjconne@charter.net
Lori (Handel) Davis			848-9673		lhandel@tds.net
Don Damon	SWIS Governor, 2006 - 2007	836-6310	836-9405	836-0381	damon@chorus.net
Tom Engelbrecht	SWIS Lt. Gov, Zone 6, 2006-2007		238-0669		tengelbrecht@charter.net
Sandra Fischer	Eschinsurance (Transfer to Dodgeville Club)	935-9308	437-8448		sandyfischer@eschinsurance.com
Carrie Fluhr	Wisconsin Community Bank	298-1743	219-3551	298-1710	Cfluhr@thewcb.com
Daniel Gibson	SVA Planners	826-2322	836-4714		Gibsond@sva.com
Peder (Pete) Graven	Monona State Bank	223-6245	276-5912	223-3007	pgraven@mononabank.com
Mike Gustafson	Suby Von Haden	826-2292	831-6914	831-4243	gustafsonm@sva.com
Greg Hermus	Morgan Stanley	829-4341	845-3820		Ghbadger@charter.net
Donald Higgins	Higgins Hemb Insurance Group, LLC	274-4200	824-0914	274-4210	Don@hhig.net
Ricki Hoefer	Edward Jones	831-0988	833-6268		Philricki@aol.com
Jared Holthe	DELETE	848-2638	848-2638		Holthe_s@yahoo.com
Sheri Holthe	DELETE	848-2638	848-2638		Holthe_s@yahoo.com
Laurie Irwin	Ronald McDonald House	232-4671	233-0543	232-4670	l_irwin@sbcglobal.net lirwin@rmhcmadison.org
Kathy Johnson	Risk Management Strategies, LLC	663-9032	513-7527(cell)	206-666-6435	kjohnson@RMStrategies.net
Jim&Dee Judd	Retired 352-751-3696 (FL)		833-2622		juddi@thevillages.net
Jason Kadow	Meicher CPA	826-1900	827-6707	826-1901	Jasonk@meichercpa.com
Dale Kalscheur	The Neckerman Agency	238-2686	437-4470	238-7798	D_kalscheur@neckerman.com
Carole Klopp	Volunteer Coordinator	826-3409	833-4561		klopp@chorus.net
Chuck Koehler	Retired	838-7133	838-7133		Koehler01@charter.net
Gail Koehler	Independent Health Care		838-7133		Koehler01@charter.net
Mark Kraemer	Park Bank, VERONA Office	845-0207	848-6899	845-0201	mkraemer@parkbank.com
Joseph Marty	Wells Fargo	643-9524©	831-4799		joseph.h.marty@wellsfargo.com
Brinda Mecham	Crown Dental Laboratory	271-5537			Brstratton@aol.com
Michael Milia	Advantage Real Estate	441-7761	235-3102(cell)	441-8471	mmilia@tds.net
Bill Monkemeyer	United Way	246-4351	848-4871	246-4369	whamnjam@tds.net bmonkemeye@uwdc.org
Barb Mulcahy	State Bank of Cross Plains	798-5283	513-6965	798-2171	barbara.mulcahy@crossplainsbank.com
Tony Nagin, Jr.	Badger Tax & Acct Services	833-1700	238-5335	826-0201	tony@badgertax.com
Kelly Piper	Boumatic	224-2944	237-1383		kellypiper@charter.net
Janine Richgels	US Bank, N.A., Pvt Bank Associate	252-4110	241-5714	252-7652	Janine_richgels@usbank.com
Diane Riley	Associated Bank	259-4204	643-0821		diane.riley@associatedbank.com
Alison Scherer	WI Dept of Ag, Trade & Cons. Protection.	224-4761	836-0151		schereraj@hotmail.com
John Scherer	Trinity Financial Planning	829-1010	836-0151	268-8588	John@trinfin.com
Lisa Schluesche	Associated Bank	259-2052	513-8590		Lisa.Schluesche@Associatedbank.com
Ray Schmitz	Retired - NEW E-Mail Address		233-3786		straymond@sbcglobal.net
Phil Schrabec	AMCORE Bank	443-1709	345-9756		phil.schrabec@amcore.com
Mary Schwartz	Symphonic Financial Advisors	442-1500	437-2233	442-6490	Mnorr@aol.com
Jacci See	First Weber Group	828-5105	827-6326	836-3102	Seej@firstweber.com
Bonnie Spindler	Semi-Retired, Computer Trainer	833-7244	833-7244		Blspindler@charter.net
Gene Spindler	Retired		833-7244		genespindler@charter.net
Christina Smith-Wilkie	Associated Bank 608-469-8375 (cell)	833-1444	827-0022		Christina.SmithWilkie@Associatedbank.com
Jill Thomas	First Business Bank	232-5924	850-4250	232-5920	jthomas@fbbmadison.com
Rick Thomas	Keller Williams Realty	212-7582	274-0528		jathoma2@wisc.edu
Amy Tripp					No E-Mail
Bob Wortinger	Kiesling Associates	664-9110	829-3926	664-9112	Rwortinger@kiesling.com

SCHEDULE for February / March 2007**FEBRUARY 2007**

Sun	Mon	Tue	Wed (Babe's, 11: 45 – 12:45 PM)	Thu	Fri	Sat
				<u>1</u>	<u>2</u>	<u>3</u>
<u>4</u>	<u>5</u>	<u>6</u>	<u>7</u> Mary Schwartz, Presentation on trip to Europe	<u>8</u>	<u>9</u>	<u>10</u>
<u>11</u>	<u>12</u>	<u>13</u> 4:30 Board Meeting	<u>14</u> Laurie Irwin, Ronald McDonald House	<u>15</u>	<u>16</u>	<u>17</u>
<u>18</u>	<u>19</u>	<u>20</u>	<u>21</u> February Student of the Month	<u>22</u>	<u>23</u>	<u>24</u>
<u>25</u>	<u>26</u>	<u>27</u>	<u>28</u> , Speaker from United Way on programs for teens			

MARCH 2007

Sun	Mon	Tue	Wed (Babe's, 11: 45 – 12:45 PM)	Thu	Fri	Sat
				<u>1</u>	<u>2</u>	<u>3</u>
<u>4</u>	<u>5</u>	<u>6</u>	<u>7</u> Dominic Pulera , Author on Italian American history	<u>8</u>	<u>9</u>	<u>10</u>
<u>11</u>	<u>12</u>	<u>13</u> 4:30 Board Meeting	<u>14</u> American Red Cross	<u>15</u>	<u>16</u>	<u>17</u>
<u>18</u>	<u>19</u>	<u>20</u>	<u>21</u> March Student of the Month & Oratorical Contestants Present	<u>22</u>	<u>23</u>	<u>24</u>
<u>25</u>	<u>26</u>	<u>27</u>	<u>28</u> , Paul Rusk, Alzheimer's Disease	<u>29</u>	<u>30</u>	<u>31</u>

**Thank-You from Wexford Family
Sauk Trails Purchased Christmas Gifts**

Sauk Trails Optimists: Thank you so much for your generosity and kindness to our family. The gifts brought big smiles of happiness to our faces on Christmas AM. Much appreciation. You are wonderful people. **God Bless You.**

Bolligs and LeNoirs (The Granny and her three grandson's on Flower Lane, Wexford)

The Optimist Creed
Promise yourself

Happy Birthday

Bonnie Spindler	2/11
Lisa Schluesche	2/12

To be so strong that nothing can disturb your peace of mind.
 To talk health, happiness and prosperity to every person you meet.
 To make all you friends feel that there is something in them.
 To look at the sunny side of everything and make your optimism come true.
 To think only of the best, to work only for the best and expect only the best.
 To be just as enthusiastic about the success of others as you are about your own.
 To forget the mistakes of the past and press on to the greater achievements of the future.
 To wear a cheerful countenance at all times and give every living creature you meet a smile.
 To give so much time to the improvement of yourself that you have no time to criticize others.
 To be too large for worry, too noble for anger, too strong for fear, and too happy to permit the presence of trouble.

REMINDER: STOC Articles for March 2007 Newsletter are due to Bonnie Spindler
blspindler@charter.net by **February 28th, 2007.** (I'll be returning from vacation on **March 4th**, so you will receive the next newsletter on **March 7th, 2007.**)